

ZIAUDDIN UNIVERSITY NEWSLETTER

JULY'22 - SEPTEMBER'22 | VOLUME 9 ISSUE 3

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ZIAUDDIN UNIVERSITY OPEN HOUSE

Ziauddin University organised an Open House at its purpose-built campus in Clifton on Thursday, September 15, 2022, showcasing a series of activities. The overarching goal of this Open House was to provide prospective students with the opportunity to explore the campus and various programmes offered through 8 faculties.

Ranked as one of Pakistan's most sustainable universities, Ziauddin University thrives on technological advancement and innovation. As a game-changer in delivering an experience at par with international universities, it offers several extracurricular activities for students to participate.

The visiting students were also able to meet the faculty, alumni and current

students to discuss campus life and what makes Ziauddin University so unique.

Sharing her views on this occasion, Prof. Dr. Nida Hussain, Pro-Chancellor of Ziauddin University said, "one of the first important decisions that young adults must make is choosing a university. It is essential to visit the campus before making a decision because the environment will play a significant role in their decision".

Offering multiple undergraduate and postgraduate programmes including doctoral degrees, Ziauddin University is a top-ranked university in Pakistan that thrives on technological advancement, collaboration and cutting-edge curriculum.



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Adding on, Prof. Dr. Nida Hussain said, "our focus at Ziauddin University is on the provision of an excellent learning environment and resources that support our students through unique teaching and learning methodologies. Fair and continuous assessment of a student's knowledge, skills and attitudes are also key attributes".

A university known for producing world-class doctors, lawyers, engineers, innovators, creatives and entrepreneurs, it currently offers degrees in Health Sciences, Pharmacy, Nursing & Midwifery; Law, Politics & Governance; Liberal Arts & Human Sciences; Engineering, Sciences, Technology & Management; Veterinary & Animal

Sciences; as well as Eastern Medicine & Natural Sciences.

Ziauddin University opens doors to limitless opportunities and will continue to carry the legacy of its founders in providing quality education that is affordable and accessible for all.



COLLEGE OF CLINICAL PSYCHOLOGY, ZIAUDDIN UNIVERSITY SIGNS MOU WITH KARACHI VOCATIONAL TRAINING CENTRE

Ziauddin University, College of Clinical Psychology took the initiative to sign a third MOU with the Karachi Vocational Training Centre (KVTC).

The signing of the MOU between the two organizations aimed to increase the opportunities for internships and in-depth experience in the field for the College of Clinical Psychology students.

"Giving students new opportunities is always our top priority, and I feel that giving them will help their learning in the future," said Dr. Shehla Sidiki, Dean, Faculty of Liberal Arts & Human Sciences, Ziauddin University.

Taking students' benefits into account, Ms. Sana Ayaaz, Principal of Karachi Vocational Training Centre (KVTC) stated that as KVTC works for skill development and other programs, it will provide opportunities for psychology students to participate in internships and get experience in the field."

The Karachi Vocational Training Centre has received certification from the Pakistan Centre of Philanthropy (PCP) as a free vocational rehabilitation facility for people with intellectual disabilities. A unique combination of functional academics, vocational skills training, sports programs, and all therapies is used

in KVTC's rehabilitation program. It places a focus on developing recipients' skills through vocational training (STEVTA Certified), which ultimately leads to job prospects.



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COLLEGE OF CLINICAL PSYCHOLOGY, ZIAUDDIN UNIVERSITY ORGANIZES A SEMINAR ON "UNDERSTANDING SUICIDE & PROVIDING SUPPORT" IN COLLABORATION WITH HOUSE OF PEBBLES

The College of Clinical Psychology, Ziauddin University in collaboration with House of Pebbles organized an interactive seminar. The purpose of this session was to examine the causes and symptoms of a topic of discussion these days which is suicide.

While speaking during the workshop, an Associate Clinical Psychologist, Ms. Mariam Motiwala said that reasons for suicide in Pakistan can be domestic issues, financial problems, refusal to marry due to personal preference, academic or work pressure. Other factors can be mental illness and hormonal imbalances.

A Specialized Humanistic Therapist, Ms. Azka Hasan discussed on the suicide statistics, asserted that 9.8 million suicides can occur due to thoughts while 1.3 million attempts create 44,975 suicides. Reasons for suicide can be many as we are surrounded by a judgmental society where family pressure, compatibility, bullying children in schools, and relationship breakup can be the main reason for suicide.

"The modern method to display happiness is to publish photographs of vacations, family gatherings, and other exciting events on social media, but nobody can see how much misery people are actually experiencing. With

the help of this workshop, we can all gain from having open discussions about mental health issues and suicide prevention because even one conversation has the power to alter someone's life", Prof. Dr. Syed Irfan Hyder added.

Earlier in the welcoming speech, Dean Faculty of Liberal Arts & Human Sciences, Dr. Shehla Sidiki praised Head of the Department, Ms. Sarah Jehangir and "House of Pebbles" for organizing this session. She shared that over 7000 suicides occur annually, which has a detrimental effect on families, friends, and society.



13TH INTERACTIVE SERIES OF ZU DIALOGUES “PAKISTAN’S ECONOMIC PROBLEMS: A DEBATE ON OUT-OF-THE-BOX SOLUTIONS”

Ziauddin University presented the 13th interactive series of ZU Dialogues, on “Pakistan’s Economic Problems: A debate on out-of-the-box solutions”. The solution might help to improve the problems faced by Pakistan and its people.

Mr. Shabbar Zaidi, Former Chairman of the Federal Board of Revenue (FBR) emphasized that Pakistan is a poor country. Given Pakistan’s economic condition, it cannot afford a fiscal drain. He also explained that we depend on funding from IMF and our ally countries who have supported Pakistan to become stable.

Describing the three main issues, Dr. Shahida Wizarat, Dean of College of Economics and Social Development, Institute of Business Management, said, “Pakistan’s debts are becoming unsustainable, which means that the nation is unable to pay off its debts”.

And further added that the government policy has put demand-pull inflation in Pakistan.



“The second 111 (4) Income Tax Ordinance needs to be dismissed because, in my opinion, the real source of our problems is trading losses rather than current accounts. According to the

workers, only 40% of the money was actually received by them, and the remaining money was sent back, and they have evidence to back this up in court. Third, if this trend continues, our management is not doing its job while operating within its purview, and if it does, I don't think Pakistan will get much better in the future. We can only change this if citizens or people take the initiative, and as far as I can see, nobody is interested”, he continued.

While hosting the 13th ZU Dialogues as a moderator Vice-Chancellor of Ziauddin University Prof. Dr. Syed Irfan Hyder said that we are all concerned about the state of affairs in Pakistan, and we are all working together to improve the situation here.

He thanked everyone for their time, passion, effort and energy to debate on this topic.

CAREER COUNCELLING SEMINAR HELD AT ZUFESTM

Global Undergraduate Exchange Program Guidance was held on 12th and 13th September 2022 subsequently at the North and Link Road locations. The sessions were organized by the ZUFESTM Student Council and IEEE members.

The speaker, Ms. Myra Aslam Qureshi, a

student of BS Biomedical Engineering, currently, in semester 6, inspired many students from semesters 1-6 to take part in the Global Undergraduate Exchange (UGRAD) Program in Pakistan which is administered by the United States Educational Foundation in Pakistan (USEFP). The Global UGRAD-Pakistan

program offers cultural and academic exchange through a non-degree program for a semester at a university in the USA. She motivated her juniors and expressed her sincere wishes for the other students who wish to pursue this program.



NEWS

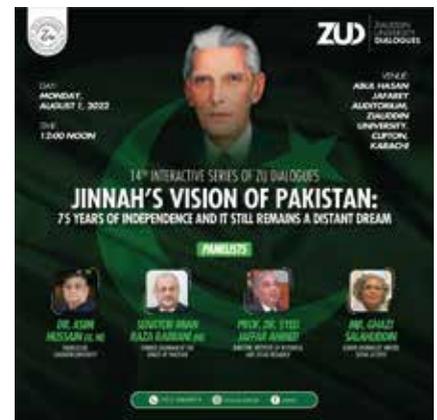
14TH INTERACTIVE SERIES OF ZU DIALOGUES **“JINNAH’S VISION OF PAKISTAN: 75 YEARS OF INDEPENDENCE AND IT STILL REMAINS A DISTANT DREAM”**

The eminent and experienced speakers at the event included Mr. Raza Rabbani, former Chairman of the Senate of Pakistan, Prof. Dr. Syed Jaffer Ahmed, Director, Institute of Historical and Social Research and Senior Journalist, Writer and Social Activist, Mr. Ghazi Salahuddin. All of them emphasized that our country is going through the worst economic, political, and constitutional crises. This is not the Pakistan Allama Iqbal had dreamed of or the one Jinnah had envisioned.

In his concluding remarks, Prof. Dr. Syed

Irfan Hyder, Vice-Chancellor, Ziauddin University said the fact that none of the countries that are similar to Pakistan are democratic and independent is proof that we neglected the point in the room during this conversation. Although we live in a post-colonial world, we are still subject to the dictates of the point in the room". He also thanked everyone for their time, passion, effort and energy to debate on this topic.

The event was moderated by Dr. Zulfiqar Umrani, Director, ORIC, Ziauddin University.



ZIAUDDIN UNIVERSITY HOLDS A THREE-DAY HANDS-ON WORKSHOP ON FUNDAMENTAL TECHNIQUES IN MOLECULAR BIOLOGY

The Department of Molecular Medicine conducted a hands-on workshop on the "Fundamental Techniques in Molecular Biology" from 5th to 7th July, 2022. The aim of the workshop was to train the participants in basic molecular biology techniques including nucleic acid extraction, quantification, gel electrophoresis, cDNA synthesis, primer designing and real-time PCR.

The Program Coordinator, Dr. Yamna Khurshid welcomed the participants and a keynote lecture that highlighted the significance of the workshop was delivered by Executive Director Research, Prof. Dr. Talat Mirza. Dr. Yamna Khurshid gave the

participants a basic understanding of laboratory biosafety. The participants were then provided hands-on experience in DNA extraction and quantification by Dr. Ambrina Khatoon and Mr. Moazzam Shahid followed by Dr. Rehan Imad's lecture and practical session on gel electrophoresis. On day two, Dr. Shumaila Usman delivered a lecture and lab session on RNA isolation and cDNA synthesis. The last day was dedicated to real-time PCR and conducted by Dr. Yamna Khurshid. The participants shared that they gained new insight and valuable knowledge which will help them in the future. The certificates were distributed among the participants.



ZIAUDDIN UNIVERSITY

3 DAYS HANDS-ON WORKSHOP FUNDAMENTAL TECHNIQUES IN MOLECULAR BIOLOGY

TOPICS TO BE COVERED
DNA Extraction and Quantification
Agarose gel electrophoresis
Blue Extraction
cDNA Synthesis
Primer Designing
Real-time PCR

PROGRAM DIRECTOR
Prof. Dr. Talat Mirza

COORDINATOR
Dr. Yamna Khurshid
Assistant Professor
Department of Molecular Medicine

DATE & TIME
05th-07th July 2022 | from 9 am till 4 pm

VENUE
NDEB, 3rd Floor, Ziauddin University,
Clifton Campus

REGISTRATION DETAILS
Registration Fee: 2000/-
Registration Deadline: 07th July, 2022
Who Should Attend: Postgraduate and Undergraduate Students

FOR ONLINE REGISTRATION VISIT
<https://registration.ziauddin.edu.pk/leg>

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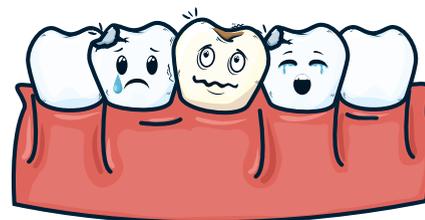
AN INFORMATIVE SESSION ON NUTRITION AFFECTING ORAL HEALTH HELD AT THE COLLEGE OF DENTISTRY

A session entitled "Nutrition Affecting Oral Health" was held at the College of Dentistry on 31st August 2022. The session was organized by the Department of Oral Medicine and Diagnosis under the supervision of Dr. Afifa Razi (Head of the Department) along with other faculty members in collaboration with Abbott Pharma. Third-year BDS students and house officers also participated in this activity.

A nutritionist was invited from Ziauddin University to highlight the importance of

nutrition on oral health. The purpose of this session was to identify nutrition-related problems, their causes, and their significance affecting the oral cavity. A healthy, nutrient-rich diet helps to maintain strong teeth and gums. Without proper nutrients, oral health becomes more susceptible to infection and it may be more difficult to resist infection. In this session faculty and students were taught how to calculate BMI, BEE (Basal Energy Expenditure). At the end of the session students and

house officers were able to calculate each patient's BMI and calorie intake and were able to counsel patients regarding the importance of a healthy diet.



DEPARTMENT OF ORTHODONTICS CONDUCTS A SESSION ON C - ORTHO

The Department of Orthodontics at Ziauddin University has been fixing hundreds of smiles over the past decade. This year it has extended this learning opportunity to more people in 6 months through a Comprehensive Course in Orthodontics (C-Orth). The short-accelerated course on C - Ortho has been arranged in collaboration with the Department of Continuing Professional Education. The program is more focused on clinical practice in orthodontics and covers a wide range of skills right from chair side-diagnosis, to

thorough treatment planning and execution and retention for the longevity of treatment results. The session has both live lectures and hands-on exercises. The first session was conducted on the 10th of September '22.

The Course Facilitator was Prof. Dr. Sarwat Memon and the Course Coordinator was Dr. Hafsa Mahida.

There has been an over-whelming response from the participants from all

over Karachi and adjoining cities, so the sessions were conducted in two separate slots.



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CEO HIBALIFE, FAIZAN SYED CONDUCTS AN INFORMATIVE SESSION ON HIBALIFE AND ITS CONTRIBUTION TO EASTERN MEDICINE

A session for the students of the College of Eastern Medicine, Faculty of Eastern Medicine & Natural Sciences with CEO, HibaLife Mr. Faizan Syed was held on Friday, 2nd September 2022 on the 4th floor, DPT building, Ziauddin University, North Nazimabad.

He explained that HibaLife draws inspiration from the fact that Eastern Medicine stood the test of time and how the professionals have carefully studied to prepare herbal products that strengthens its consumers from within. HibaLife gives the consumers a sense of righteousness; an easier way to offer healing solutions to those who believe in the holistic approach. HibaLife offers an entire range of health and lifestyle products, formulated by taking the advantage of extensive research in various disciplines of Eastern Medicine. These products are designed to

invigorate the heart and soul. All HibaLife products are nutritionally designed and made from 100% natural ingredients.

The purpose of this session was to generate awareness, seek collaboration, and offer consultancy services through the e-health portal.

Mr. Faizan Syed further emphasized the following two points:

- 1) Using e-commerce for awareness and promotion of Eastern Medicine as an important part of the health care system.
- 2) Establishing a huge platform for the effective sale of herbal/natural/Eastern Medicine products of health, nutrition, and cosmetic care under the supervision of professionals.

Students asked some relevant questions which were answered on-the-spot providing a detailed account. Students were invited to participate as volunteers in various activities at HibaLife.



A MEDICAL AND RELIEF CAMP FOR THE FLOOD-AFFECTEES IN HILAYA, THATTA WAS SET UP BY ZIAUDDIN UNIVERSITY AND DR. ZIAUDDIN HOSPITAL

A team of MBBS and Nursing students, doctors and support medical staff from Ziauddin University and Dr. Ziauddin Hospitals set up a medical and relief camp in Hilaya, Thatta, under the supervision of Dr. Nida Hussain, Pro-Chancellor, Ziauddin University.

The purpose of medical and relief camp was to help flood-affected people in Sindh who were going through dreadful conditions due to catastrophic floods and were left homeless with no

medicines, food and shelter. The students from all colleges collected the funds and other items for the flood affectees.

During her visit to the relief camp in Thatta, Dr. Nida Hussain said that "the relief camp is in full swing where our team consisting of doctors, medical students, paramedics and nursing staff have been working tirelessly".

She also said that, "this is not the first time

Dr. Ziauddin Hospital and Ziauddin University have played a pivotal role in helping out our countrymen in times of natural calamities but in the past also, such practices were the norm undertaken by the medical facility.

She also offered all her support to the people in Thatta along with the staff of the Ziauddin University who are continuously putting all their efforts to bring comfort to the sufferings of the heartbroken people.



FORMATION OF BONE-FORMING CELLS: A BREAKTHROUGH RESEARCH FOR ORTHOPEDICS

Dr. Mariam Adeel Roghay from the Department of Anatomy, Ziauddin University has conducted novel research under the supervision of Prof. Nuzhat Hassan as part of her MPhil project. The research was carried out through collaboration between Ziauddin University and Karachi University.

In this project, estrogenic (bone-forming) cells were derived for the first-time using bone dust. Bone dust is a waste material produced during drilling of bones during orthopedic surgeries. This material is conventionally discarded after surgery, but Dr. Roghay used it to convert stem

cells into bone-forming cells called osteoblasts. Osteoblasts are naturally occurring bone-forming cells.

Mesenchymal stem cells are cells found in the umbilical cord which can form any other cell type in the body if provided with the right environment.

Osteoblasts may be used to fill large gaps in bones in conditions where reunion of broken bones is difficult. The discovery is being considered a major breakthrough in the future of orthopedic surgery.



QUALITY ENHANCEMENT CELL CONDUCTS INTERNAL QUALITY ASSURANCE AUDIT (IQA)

The Quality Enhancement Cell conducted Internal Quality Assurance (IQA). The Quality Enhancement Cell (QEC) of Ziauddin University strictly complies with these measures to assess the quality of programs offered at Ziauddin University.

Internal Quality Assurance (IQA) is a process to monitor all aspects of teaching, learning and assessment. The Self-Assessment Report (SAR), course and teacher's evaluation by students are major tools of IQA. QEC initiated 15 SARs of various departments/colleges of Ziauddin University in September 2022. The Deputy Director, QEC conducted a session on the preparation of SAR to facilitate the Program Team (PT).

Furthermore, to enhance quality, QEC conducted evaluations of various programs and shared analysis reports with program heads to take corrective actions against serious observations raised by students regarding courses and teachers.

Not only this, QEC also safeguards and ensures that all programs offered at Ziauddin University are accredited with their respective councils and NOCs are obtained from HEC to launch new Postgraduate Programs. Subsequently, Quality Enhancement Cell obtained 3 Postgraduate program NOCs, MS Medical Technology, PhD Nursing and PhD Human Nutrition & Dietetics by HEC.



75TH INDEPENDENCE DAY CELEBRATIONS TAKE PLACE AT VARIOUS FACULTIES & COLLEGES

The 75th Independence Day celebrations were held with zeal and enthusiasm at Ziauddin University, Faculty of Nursing & Midwifery (ZUFONAM), Ziauddin College of Medical Technology (ZCMT), Ziauddin College of Rehabilitation Sciences (ZCRS) and Ziauddin College of Speech

Language & Hearing Sciences (ZCSLHS). National song competitions and short speeches were also held. The cake-cutting activity took place with the prayers that soon Pakistan may regain her economic and political stability.



NEWS

THE OFFICE OF STUDENT AFFAIRS (OSA) ORGANIZES THE CONCERT '22 IN COLLABORATION WITH THE ZIAUDDIN MEDICAL COLLEGE STUDENT COUNCIL

The Office of Student Affairs in collaboration with Ziauddin Medical College Student Council organized "Zamfest", a concert, on Friday, September 30th, 2022, for all the colleges of Ziauddin University.

The event was opened to all the departments of Ziauddin University. Students from every department showed

up with their friends, a much-needed refresher before the hectic exam week. The concert was opened by Zain Ul Haq, with him singing some of the 90s' favorites in his soulful voice and making the audience flow with the beat.

Followed by the pop sensation and evergreen Khudghar, who wasted no time in firing up the audience and

lightening up the stage.

The audience danced and sang along to the songs; making memories that will last them a life time.

It ended up being one of the most memorable events in the history of Ziauddin University. All thanks to OSA and Student Councils of Ziauddin University.



ZIAUDDIN UNIVERSITY INTERCOLLEGIATE BASKETBALL CHAMPIONSHIP

The importance of sports and fitness cannot be ignored. The Sports Division – Office of Student Affairs keeps students engaged in different events at all times during the year. The Intercollegiate Basketball Championship was held on 19th July 2022 at the Ziauddin University Basketball Court. The boys exhibited exceptional game and the final trophy was bagged by the team MBBS A and the runners-up were team ZUFESTM.



TUG OF WAR '22 COMPETITION AT ZUFESTM

On 5th September 2022, a 'Tug of War' competition at Ziauddin University, Faculty of Engineering, Sciences, Technology & Management (ZUFESTM) at its North location was held under the competent ZUFESTM Student Council and faculty advisors with guidance from the Sports Division – Office of Student Affairs.

The teams from different programs of ZUFESTM that took part in the competition which included; biomedical engineering, food sciences technology, business administration, electrical engineering, software engineering and civil engineering.

From each department, separate teams of boys and girls were created, in which each had a minimum of 8 students.

The final match for the female team was against the biotechnology and food science teams resulting in a quick victory for the biotechnology team.

On the other hand, after a series of tough competitions between the boy's team, electrical engineering and team BBA made it to the final. It was a very tough and interesting round in which the team electrical engineering won. The event ended on a high note as it was graced by the presence of ZUFESTM Dean, Dr. Fahad Azim, who distributed awards to the winning and runner-up teams. He also appreciated and encouraged the other teams who participated.



ZU AZADI SOCCER CHAMPIONSHIP MARKS THE 75TH INDEPENDENCE DAY

The Sports Division – Office of Student Affairs arranged a soccer championship to mark the 75th Independence Day. The teams from across Ziauddin University participated in the event. Ziauddin Medical College (ZMC) registered 2 teams MBBS A & MBBS B. Rest of the teams were from the College of Media Sciences, College of Medical Technology, Faculty of Engineering, Science, Technology & Management, College of Dentistry and College of Rehabilitation Sciences. All the players exhibited excellent sportsmen spirit. The final was played between teams MBBS A & ZMC with team MBBS A taking the trophy. The runner-up team was also awarded a trophy.



A THREE-DAY SPORTS BUZZ 2.0 EVENT WAS ORGANIZED BY THE ZIAUDDIN COLLEGE OF MEDICAL TECHNOLOGY (ZCMT) AND ITS STUDENT COUNCIL

Sports Buzz 2.0 was an extracurricular sporting activity arranged by the ZCMT Student Council. With the help of the Office of Student Affairs Ziauddin University, a three-day event was held in which several games were played. The first day commenced at Ziauddin Family Park, Clifton. The games included Football for boys, Throwball for girls, Athletics and Tug of War for both boys and girls. Students from

all four years participated in every game.

The second day of sports was held at Sindh Sports Complex where indoor games were played including Badminton and Table Tennis. Singles, doubles and mixed doubles tournaments were played in respective sports.

The third and last day was solely dedicated

for cricket matches. Girls' team and boys' team both competed against each other, demonstrating some great skills. There was a scenic ending to the event when it rained and made Sports Buzz 2.0 memorable!

This event was loved and appreciated by the coaches and students. It brought an athletic side out of many!



NEWS

ZCRS SPORTS FEST

To revitalize everyone from ongoing studies and exams, ZCRS Student Council arranged a 3-day Sports Fest, from 27th August to 29th August 2022, across all three campuses. Teams from all three campuses participated enthusiastically. Numerous recreational and athletic activities were arranged, throughout all three days.

• **Day 1 | 27th August 2022:**

The venue for day 1 was Ziauddin University Ground, main Clifton location. All team sports were played on Day 1. In the end, ZCRS team at Clifton scored most of the trophies, winning Throwball, Basketball (mixed and boys), Tug of War (boys) and 1st position in girls and boys flat race.

Futsal (boys), Tug of War (girls), 2nd and 3rd position in girl's flat race was secured by the North team. The team from Link Road showed an outstanding performance, with 2nd position in the boys' flat race and taking home the

runners-up trophy for both Futsal (boys) and Basketball (boys).

• **Day 2 | 28th August 2022:**

Students were taken to Pakistan Rangers Officers Club, for Badminton and Table Tennis matches.

Singles, doubles and mixed doubles, all matches were played for both Badminton and Table Tennis. Where Link Road led to Table Tennis and Badminton (women's singles), Badminton (men's singles and women's double).

Team from Clifton ended up securing trophies for Table Tennis (men's singles, men's doubles, women's doubles and mixed doubles). Badminton (men's doubles and mix doubles), dominating day 2 as well.

While the team from North secured most of the runner-up trophies. For Badminton women's singles, women's doubles, Table Tennis men's singles, women's

doubles, men's doubles and mixed doubles.

• **Day 3 | 29th August 2022:**

The venue for day 3 was PTI Cricket Ground Gulshan-e-Iqbal. The main sport this day was the Girl's Cricket and Boy's Cricket. Out of all the days, day three was one of the most intense days, with some tension-filled neck-to-neck matches.

In the end, Team North ended up dominating the entire day, taking home both the trophies for Girl's Cricket as well as Boy's Cricket.

Team Clifton was the runner-up for Boy's Cricket while Team Link Road was the runner-up for Girl's Cricket.

All in all, the three-day event, ended up serving as the perfect getaway for students, where each individual unleashed their athletic side and cheered up their team. The event was well managed by the Council.



OFFICE OF STUDENT AFFAIRS ORGANIZED ZIAUDDIN COLLEGE OF REHABILITATION SCIENCES (ZCRS) OATH TAKING CEREMONY

Office of Student Affairs, Ziauddin University arranged the Oath Taking Ceremony for the ZCRS Student Council of 2022-2023.

The ceremony took place on August 19th, 2022 on Friday, at Abul Hasan Jafarey Auditorium, Ziauddin University, Clifton.

This activity helps inculcate a professional attitude in the students who are selected for the council positions. The council members take oath from the council, that they will stay loyal and dedicated towards the council and its responsibilities; that they will always strive for making every step the best that they can. And that they will prosper towards being a team that students can trust.

The ceremony started with the Student Council procession entering the auditorium and a speech from Dr. Almas Farhan, Director of the Office of Student Affairs, talking about the establishment of the ZCRS Student Council, its impact as well as congratulating the selected new council.

After completing her speech, Dr. Almas Farhan, took oath from the President. The Presidential Oath was taken by Ms. Zainab Fatima, President for the ZCRS Student Council '22-23.

After taking the oath, she gave a motivational speech, addressing the Student Council and the Student Body. Her speech ended with the rest of the

council taking the oath. Followed up by speeches from the Vice President, General Secretary and Treasurer.

The event also served as an official introduction of the student council to the student body.

Honourable guests, Assistant Professor, Ms. Batool and faculty advisors congratulated the newly formed student council and extended their full support from the faculty members.

After the formal oath-taking, prize distribution for Sports Week'21 took place. All the winners and runners-up were awarded well-deserved trophies and shields.



NEWS

Beach Party '22

The ZU Beach Party '22 entitled "Peechay Hut" was organized by the Office of Student Affairs (OSA) in collaboration with the MBBS Student Council. The beach party took place on Saturday, 3rd September 2022, at the Turtle Beach. The students from years 1 – 5 of MBBS came together to have fun.

The hype for the beach party was created through marketing using multiple channels which included

creating colorful posters with exciting captions on Facebook pages and batch groups on WhatsApp. Buses with armed guards were waiting to take the excited bunch of students to the venue.

The students gathered at the Ziauddin University, Clifton at 8:00 am on the day of the event. The council members registered the students and carried out a security check as well.

The students arrived at the beach hut in about 40 to 50 minutes. The name of the hut was "Huttastic" and the theme was "Tropical Hawaiian". Arrangements were made according to the theme. A stage along with speakers and a music set-up with a DJ was arranged. Stalls for food and refreshments were also set up. All these arrangements were done and were taken care of by some of the members of the council who reached the hut early in the morning.



NEWS

ORGANIZED BY OFFICE OF STUDENT AFFAIRS & MBBS STUDENT COUNCIL

The energizing music made the atmosphere more engaging and entertaining. Everyone started clicking pictures and enjoyed the beautiful weather and beach vibes. Students also enjoyed the shallow area of the sea. Three lifeguards along with a few Ziauddin University security guards were present as well to look after the students and to ensure everyone's safety.

dance floor and started dancing their hearts out. This was followed by a 'rang party' which was quite fun and eventful. Finally, at around 4:30 pm, everyone started wrapping up and proceeded towards the buses. Attendance was called out again on each bus to make sure that no one was left behind. The buses then left for Ziauddin University, Clifton.

carried out by the Ziauddin University, MBBS Student Council. All arrangements were made smoothly with the support of the Office of Student Affairs. The students truly enjoyed themselves. It was a refreshing event, allowing all the students to escape their hectic schedules to relax and enjoy themselves with their friends.

After lunch, the students gathered on the

The beach party was a successful event



NEWS

PLANTATION DRIVE ORGANIZED AT THE CLIFTON URBAN FOREST

The Plantation Drive at the Clifton Urban Forest, Karachi, was organized by the Office of Student Affairs in collaboration with the MBBS Student Council on Sunday, 21st August 2022. The aim of this event was to contribute to the environment by combating global warming.

Google registration forms for this event were posted on the MBBS batch groups on WhatsApp for the students to sign up. Donations were also collected by the members of the Student Council from those who wanted to contribute.

All the volunteers met at the Ziauddin University in Clifton at 4:00 pm on the day of the event and then they went to the Urban Forest plantation site. There was a guide present at the location who explained everything about the site, the work environment, natural habitat, and culture to the volunteers. The guide informed the volunteers that this place was known to be the 'largest urban plantation site' in Pakistan.

The volunteers were there for 2 hours. The guide started by giving a speech about the forest and then took the volunteers to visit and explore the entire

plantation site. He showed them different things in nature such as different plants like basil and water lilies, different animals and birds like hens, goats, dogs, etc. and explained to them the concept of forest bathing.

After giving them a detailed and informative tour, the guide took the volunteers to the actual plantation site where they had to plant the seedlings. Each individual had to plant 6 saplings. The ground was already dug and prepared for the volunteers to plant the saplings. The volunteers used water cans and shovels to help them plant properly. Proper care had to be taken to ensure that the holes were filled with good, nutritious soil and that the saplings were planted upright. After planting, the volunteers watered the plants as well. They also saw a water reservoir which was very pretty and enhanced the beauty of the site.

After the plantation was done, the volunteers sat near the sea to relax. A traditional man also joined us to play entertaining traditional music. Tea was also offered to the volunteers.

All the students had a great time

volunteering at the plantation drive, especially as the guide was very knowledgeable and passionate about the site. It would be very beneficial for the students if similar events took place in the future.



ANNUAL BAKE SALE BY WELFARE AID

The annual Bake Sale conducted by Welfare AID with the support of the Office of Student Affairs at Ziauddin University was held on the 7th of September 2022. The event was a massive hit with the

vendors exhibiting and selling their wares from 9:30 in the morning to 3:30 in the afternoon.

Students and faculty alike swarmed in

and out of the event in hopes of either snacking on the shawarmas and noodles or throwing sponges and paint on their friends, to riding the wild pirate ship.

