

ZIAUDDIN UNIVERSITY NEWSLETTER

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VOLUME 9 ISSUE 2

PG 03

FAMILY PARK INAUGURATION

PG 08

ZU BAITHAK

PG 12

ZCOMS ART FEST

ZIAUDDIN UNIVERSITY
GOES GLOBAL PG 02



NEWS

ZIAUDDIN UNIVERSITY GOES GLOBAL

INTERNATIONAL DEGREE PROGRAMMES BY
UNIVERSITY OF NORTHAMPTON (UK)
NOW OFFERED AT ZIAUDDIN UNIVERSITY

Ziauddin University has reached another milestone with the launch of the international programmes offered by the University of Northampton (UK). These programmes will produce talent that is capable of understanding global markets.

A curriculum developed in collaboration with a world-class university, Pakistani students can now choose between LL.B. (Hons.) and BA (Hons) in Business Management. A degree approved by the Higher Education Commission (HEC) and recognized by the Pakistan Bar Council (PBC), students enrolled in LL.B. (Hons.) will develop critical thinking skills

and a sound understanding of common legal practices. The students will also have the opportunity to develop a solid understanding of the principles of business and management through a BA (Hons) degree in Business Management; thus becoming capable and independent thinkers and strong decision-makers.

These three-year undergraduate degree programmes will help students in gaining practical skills and hands-on knowledge with international exposure, giving them a competitive advantage in the job market.

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NEWS

INTERNATIONAL CONFERENCE ON FUTURE TRENDS OF QUALITY ASSURANCE IN HIGHER EDUCATION 2022

Maintaining quality assurance is an integral function of any university as it is responsible for improving the efficiency of an institute as well as supporting high-quality teaching and inclusive learning. For this purpose, the Quality Enhancement Cell (QEC) of Ziauddin University organized an International Conference in partnership with NED University of Engineering and Technology. International and national experts were invited to the conference from across the globe to discuss best

practices related to quality assurance in higher education.

The Quality Enhancement Cell at Ziauddin University plays a critical role in dealing with the challenges related to quality assurance and ensuring best practices in meeting the #SDGs put forward by the UN.

Prof. Dr. Nida Hussain, Pro-Chancellor, Ziauddin University attended the International Conference on Future

Trends of Quality Assurance in Higher Education 2022 as a guest speaker. She reiterated that it was a much-needed platform for all the stakeholders involved to share and exchange their ideas and knowledge. She added that such conferences are a great way to bring together some of the best minds in the world to form global partnerships, hence improving the outcomes for universities and students alike.



PUBLIC-PRIVATE PARTNERSHIP AT ITS BEST: DR. ASIM HUSSAIN AND BARRISTER MURTAZA WAHAB INAUGURATE THE FAMILY PARK

Karachi Administrator, Barrister Murtaza Wahab, recently inaugurated the Family Park in Clifton; a barren land that has been transformed into a beautiful park for the general public. The Family Park has been revived as part of the organization's Corporate Social

Responsibility in order to protect the environment and improve Karachi for future generations through a public-private partnership. Dr. Asim Hussain's vision to promote green practices and rehabilitate desolate land has seen the Family Park turn into a

state-of-the-art facility with a well-maintained gym, tennis courts, a long walking track, and a futsal and football ground. A separate area has been dedicated for cricket and basketball court, along with a play area for children.



NEWS

COLLEGE OF DENTISTRY RECOGNIZES ITS STUDENTS FOR SECURING THE HIGHEST MARKS

An award ceremony was conducted on May 18, 2022 by the Department of Community and Preventive Dentistry, College of Dentistry, to appreciate the hard work put in by its students. The ceremony was organized in collaboration with Colgate Palmolive Ltd for students of Batch IX, College of Dentistry for securing the highest marks in the subjects related

to Community Dentistry and Periodontology. Ms. Jaweria Memon and Ms. Mahlaqa Maroof were awarded shields, certificates, gold medals and cash prizes of Rs. 10,000/- in the presence of Dean Faculty Health Sciences, Dr. Abbas Zafar and Principal College of Dentistry, Dr. Mervyn Hosein. The ceremony was attended by senior

faculty members and respective department faculty members.

According to the Head of the Department, Community Dentistry, Dr. Sidra Mohiuddin, such initiatives are necessary for motivating other students to study with determination and hard work.



DR. AIJAZ FATIMA A COMMITTED WOMAN

May 27, 2022 marks the first death anniversary of Dr. Aijaz Fatima, a seasoned gynaecologist, the founder of Dr. Ziauddin Hospital and the daughter of Sir Dr. Ziauddin Ahmad, a renowned politician, and educationist, scholar, and first Pro-Vice-Chancellor, Vice-Chancellor and Rector of Aligarh Muslim University.

Dr. Aijaz Fatima set off on a challenging journey in her life. She migrated to Aligarh at the age of 12 to pursue her secondary intermediate schooling. She earned her Matriculation and Intermediate from Aligarh. She was accepted into the Lady Hardinge Medical College's MBBS programme in Delhi.

Later, in 1947, she lost her father and moved to Karachi to complete her studies to fulfil her parents' ambitions and received her MBBS degree from Dow Medical

College in 1952.

Dr. Fatima and her husband quit their government jobs in 1957 and started a two-room maternity facility in Nazimabad with the sole purpose to serve the community. Dr. Aijaz Fatima was the one who laid the foundation of the area's first hospital.

She was an extremely hard-working and committed woman with a vision. She is an inspiration not only to her children and grandchildren but to all Pakistani women. She has always pushed women to work and be self-sufficient. Her unwavering commitment, despite the challenges she faced, is proof that strength comes from within, and it is courage that leads to success.

May Allah her soul in peace. Aameen



NEWS

FACULTY OF LAW, POLITICS & GOVERNANCE

Faculty of Law, Politics & Governance Starts Podcast Series

A podcast special on Ukraine was conducted by the Director, Centre for International & Constitutional Law, Alexander Lawson. The podcast primarily focused on the situation on the ground in Ukraine that involved the displacement of millions of people and the deaths of civilians. The discussion was held on April 05, 2022 on international law and rules of warfare that Russia may be implicated in violating, especially after the announcement of troop withdrawal from Kiev. The discussion also revolved around the discovery of graves in formerly occupied Russian territory to the north of Ukraine.



Centre for Access to Justice Leads Training Workshop to Discuss Arbitration and Alternate Dispute Resolution

Director, Centre for Access to Justice, Ebrahim Saifuddin moderated the training workshop held on April 15, 2022 titled, "Fundamentals of Arbitration and the Legal Framework for Domestic and International Arbitration in Pakistan". This was held in collaboration with the Center for International Investment and Commercial Arbitration (CIICA). Its founder, Mr. Rana Sajjad was also present at the workshop. The attendees had the opportunity to engage with the

trainers who shared practical insights and their experiences in the field of arbitration.



Faculty of Law, Politics & Governance Hosts an Informative Webinar on "No Confidence Motion"

- A webinar was conducted on April 6 2022. Mr. Syed Muaz Shah, Director, Centre for Human Rights hosted the session with guests including Dr. Khalid Hayat (PhD), Advocate of the Supreme Court and Alexander Lawson, Director, Centre for International & Constitutional Law at Ziauddin University. The discussion was on Article 5 of the Constitution, the Parliamentary Rules of Procedure, and the Speaker Qasim Suri's controversial ruling with the Supreme Court decision around it by CJP Umar Ata Bandial. This also included a detailed discussion on the Supreme Court ruling that changed the politics of the nation overnight.

- Director, Centre for Human Rights, Syed Muaz Shah also attended the arbitration weekend in Lahore, attending 2 conferences on Ziauddin University Arbitration on May 27 & 28 2022.



Global Lex-Falcon Award 2022 Recognizes Dean, Ziauddin University Faculty of Law, Politics & Governance, Ms. Shaaista Sarki for her Contribution to the Legal Industry

LexTalk World Conference is a platform for international legal professionals to discuss ideas and share their expertise in the field of legal practice. It also looks at opportunities and challenges and the impact these have on the legal landscape across the world.

The LexTalk World Conference, held in Dubai on March 23-24, 2022, featured a range of ideas and knowledge presented by industry experts and brought together the finest legal minds across the world.

Ms. Shaaista Sarki, Dean, Ziauddin Faculty of Law, Politics & Governance was presented with Global Lex-Falcon Award 2022 for impactfully contributing to the legal industry with great knowledge, reach, innovative ideas, suggestions, futuristic spirit and approach.



NEWS

11TH INTERACTIVE SERIES OF ZU DIALOGUES “NURSES: A VOICE TO LEAD - INVEST IN NURSING AND RESPECT RIGHTS TO SECURE GLOBAL HEALTH”

To mark the International Nurses Day, Ziauddin University presented the 12th interactive series of ZU Dialogues, titled, “Nurses: A Voice to Lead - Invest in Nursing and Respect Rights to Secure Global Health”. Moderated by Ms. Yasmin Noorali Amarsi, the 12th dialogue was held to create awareness about the work of nurses and how they contribute to the health and wellbeing of the public.

During the 12th interactive series of ZU Dialogues, explaining how World Health Organization (WHO) can further help Pakistan to achieve its essence, Dr. Sarah Salman, Head of Office Sindh Representative WHO stated, “in terms of Sindh, we are assisting the health department, nursing department, and another education department in developing the ability of our health personnel. WHO is a health organization that provides a leading health system with several guidelines, and execution varies from country to country, thus there

are many differences in each. During the COVID-19 epidemic, we received a



great deal of assistance from the nursing community”.

Dr. Amy Winslow, a Certified Nurse Midwife from USA and Dr. Khairunnisa Ajani, Assistant Dean, School of Nursing

& Midwifery AKU, both emphasized the importance of an effective education system since it is the building block and need of the hour to have scientific requirements to meet future requirements of the field of nursing and midwifery.

Ms. Kausar S. Khan, Advisor Community Engagement, also emphasized the importance of the role nurses play in forming a connection with the patients and their families. He further stated, “if we don't have medical anthropology in medical school, we should try to comprehend the patient's history while also understanding the illness, as we don't just need to treat the patient but also their family. It is critical for nurses to understand the community in order to move forward. We need to figure out what true education is, whether it is meant to domesticate or liberate you. I believe, to engage the community, you have to be a liberated person”.

THE FACULTY OF PHARMACY RECOGNIZES THE NEED FOR CAREER COUNSELING SESSIONS

• A workshop titled ‘Career Counseling: Do’s and Don’ts of Pharmacy’ was organized on April 12, 2022 by the students of the Faculty of Pharmacy. Dr. Mehak Tahir was the guest speaker who graduated from the Faculty of Pharmacy, Ziauddin University in 2016 (Batch-8) and completed her MS in March 2020 from Aimst University, Malaysia and is currently working in Novartis as a Patient Safety Associate in the Pharmacovigilance (Patient Safety) Department. The workshop was

designed to assist students in better career decision-making by identifying their potential and also guiding them on new career pathways.

• Another workshop titled “Key to Ace Your Professional Career” was conducted by Dr. Qasim Siddiqui. Dr. Qasim is an alumnus of the Faculty of Pharmacy, Ziauddin University and currently serves as Oversight Lead Operational Quality Grade Assistant at GSK. The session revolved around

methodologies of career path selection and methods to identify one's own potential. He also highlighted the right skills for approaching recruiters and the current priorities and requirements within the pharmaceutical business.



THE QUALITY ENHANCEMENT CELL

• A Session on the Importance of Quality Assurance in HEIs

Deputy Director Quality Enhancement Cell conducted a session on the "Importance of Quality Assurance and Feedback" for the students of Masters in Nursing, Faculty of Nursing and Midwifery. In this session, the students learned about the term quality, components of quality, its importance as well as strategies to improve quality in higher education.

• International Conference on Future Trends of Quality in Higher Education

Quality Enhancement Cell in collaboration with NED University conducted the first international conference on "Future Trends of Quality in Higher Education" on May 16 & 17, 2022. International Speakers from, Turkey, Bahrain, Romania and Gibraltar were invited as guest speakers while many universities from all over Pakistan participated and presented papers during the conference.

• Assessments of Self-Assessment Report

On April 1, 2022, the Assessment of SAR (Self-Assessment Report), Master of Philosophy in Oral Biology, Ziauddin College of Dentistry, was organised by the Quality Enhancement Cell. Dr. Rizwanullah, Assistant Professor, Oral Biology, Jinnah Sindh Medical University was invited as an external member while Dr. Amna Aamir Khan, Associate Professor, Ziauddin College of Rehabilitation Sciences was the internal member of the assessment team.

On April 19, 2022, the Assessment of SAR (Self-Assessment Report), Master of Science in Nursing, Faculty of Nursing & Midwifery, was organised by the Quality Enhancement Cell. Mr. Shahzad Bashir, Assistant Professor MSN, Jinnah Sindh Medical University was invited as the external member while Dr. Saad Jawaid Khan, Chairperson & Associate Professor, Department of Biomedical Engineering was an internal member of

the assessment team.

On May 19, 2022, the Assessment of SAR (Self-Assessment Report), Master of Philosophy in Molecular Medicine, Faculty of Health Sciences, was organised by the Quality Enhancement Cell. Dr. Almas Jabeen, Assistant Professor, University of Karachi, was invited as the external member while Dr. Saad Jawaid Khan, Chairperson & Associate Professor, Department of Biomedical Engineering was the Internal member of the assessment team.

In June, 2022, the Assessment of SAR (Self-Assessment Report), Master of Philosophy in Oral Pathology, Faculty of Health Sciences, was organised by the Quality Enhancement Cell. Dr. Shazia Akbar, Chairperson of the Department of Oral Pathology, DOW University of Health Sciences, was invited as an external member and Dr. Munaf Rashid, Chairperson & Associate Professor, Department of Software Engineering was the internal member of the assessment team.

On June 24, 2022, Assessment of SAR (Self-Assessment Report), Doctor of Occupational Therapy & Accelerated Doctor of Occupational Therapy, College of Rehabilitation Sciences was organised by the Quality Enhancement Cell. Mr. Ibne Hasan, Lecturer DOT, Sindh Institute of Physical Medicine & Rehabilitation was invited as an external member and Dr. Saad Jawaid Khan Chairperson & Associate Professor Department of Biomedical Engineering was an internal member of the assessment team.

• Times Impact Ranking

The international ranking is the foremost tool used to assess the performance of universities globally. It does not only provide the relevant resources to prospective students internationally but also helps universities in improving their performance to achieve their mission in

the truest sense. With the efforts of the Quality Enhancement Cell, Ziauddin University secured a place in Times Impact Ranking and performed remarkably well in SDG 3 which is related to health and wellbeing.

• Self-MS/M.Phil. & PhD Review

A review of the MS/M.Phil. & PhD of Ziauddin University was organised by the Quality Enhancement Cell on June 9 & 10, 2022. A team of internal and external reviewers including Prof. Dr. Iftexhar Ahmed, Professor & Dean, Faculty of Medicine, Dow University of Health Sciences and Dr. Zeeshan Ul Haque, Professor & Dean, Faculty of Engineering, Salim Habib University assessed the performance of Postgraduate programmes offered at the Ziauddin University. The purpose of the review was to assess the overall performance and to improve the quality of postgraduate programmes at Ziauddin University.

• Self-Institutional Performance Evaluation

The University Portfolio Report (UPR) is a key document to assess the performance of any institution. Quality Enhancement Cell of Ziauddin University updates UPR on yearly basis and on the basis of UPR, the team (comprising of external and internal evaluators) conducted the Institutional Performance Evaluation of Ziauddin University on June 20 & 21, 2022. Engr. Faizan Saleem, Acting Director QEC, Sir Syed University of Engineering & Technology was invited as an external member. The IPE team interacted with the students, and faculty and also visited the facilities available at Ziauddin University. The team also commended the efforts of the Quality Enhancement Cell and the best practices being followed at Ziauddin University. Furthermore, valuable suggestions and recommendations were given by the evaluators during the exit meeting.

NEWS

ZU BAITHAK

A night worth remembering

As the MS1 orientation approached, we felt a strong need for an event where the new batch could socialize with their seniors at Ziauddin University amidst a really hectic exam schedule. This is how the idea of "ZU Baiithak" was conceived by the executive members of the Student Council of Medical College. With the sole purpose was to organize a successful get-together, an event that would bring together all the 5 batches of MBBS and BDS (with music, a desi-white theme dress code, food and various other attractions). An overwhelming response was received right from the beginning of the process of selling tickets resulting in all the tickets being sold within the first 4 days only. With our count exceeding 250 tickets, we were under a lot of pressure to deliver an event like no other. The event had various stages, from planning and continuously revising our initial plans to team recruitment, chasing vendors, and budgeting to on-day execution despite a very chaotic pre-event environment. All of this was made possible by the combined efforts of MBBS Student Council members and constant

guidance from the Office of Student Affairs including the members who helped out in every way possible.

The ambience was the most important component of the event so it had to be well thought out. The event took place on May 24 2022 and involved a "farshi" setup with fairy lights hanging down, complemented with round paper lanterns, spotlights directly lightening up the stage and our food street and food vendors lining up next to a sitting area which was inspired by a local food street. To cater to our social media savvy audience, we provided a special photo booth with a grass backdrop, fairy lights draping and a very typical neon sign describing our lives at med school that said, "we are all mad here". The final look was breathtakingly mesmerising. The food stalls offered pizza, limca, tea, chinese, golgappay, fries and waffles which were thoroughly enjoyed by the audience.

The second most important aspect was the entertainment at the event. This involved an open mic session

which included performances from our students. The sign-up process for the open mic began a week in advance and received an overwhelming response at the auditions. The final programme had 10 singing performances and 1 comic skit. The performances were extraordinary and not only did the audience enjoy them but also cheered for their friends with the second-year batch singing their own rendition of "60 years of bollywood". We were in awe of our talented students from MBBS and BDS. The best part of the night was undoubtedly the most awaited band performance. Zain-ul-Haq and his band delivered the most exhilarating performance, captivating the audience from the start till the very end. The day ended with a dance performance by the students where everyone in the audience encircled the stage and also praised the organising team.

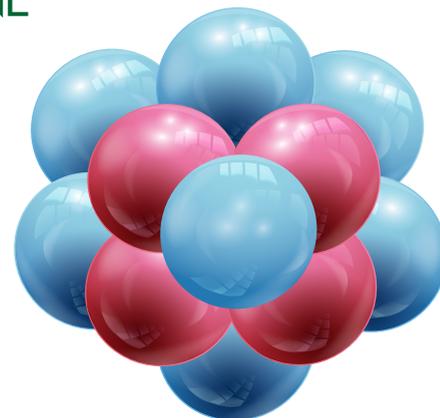
We hope that this event leaves a lasting impact as our first official event and we hope to receive the same support in the future.



FUNDAMENTAL TECHNIQUES IN MOLECULAR BIOLOGY: A THREE-DAY HANDS-ON WORKSHOP ORGANIZED BY THE DEPARTMENT OF RESEARCH AND THE DEPARTMENT OF MOLECULAR MEDICINE

The Department of Research in collaboration with the Department of Molecular Medicine organized a three-day hands-on workshop titled "Fundamental Techniques in Molecular Biology" from April 5-7 2022. During this three-day hands-on session, several essential molecular biology techniques were covered like DNA isolation and quantification, bioinformatics tools, polymerase chain reaction (PCR), agarose gel electrophoresis, RNA extraction by Trizol Method and cDNA synthesis, in addition to other important

topics. The goal of this workshop was to increase practical knowledge of molecular biology that was facilitated by PhD faculty of the Department of Molecular Medicine. After the recitation, an introductory lecture on Lab Safety was delivered. Approximately 23 undergraduate participants from BS Biotechnology Programme taught at the Ziauddin University attended the session. Prof. Dr. Talat gave the vote of thanks and Prof. Dr. Abbas Zafar distributed the certificates to the participants.



RAMADAN DRIVE: A PROJECT BY THE FACULTY OF PHARMACY FOR THE UNDERPRIVILEGED PEOPLE

The Faculty of Pharmacy, Ziauddin University conducted Ramazan Drive for the underprivileged people. The campaign took place in two phases. During the first phase, ration bags

were distributed, each ration bag consisted of basic food necessities and fresh vegetables and was distributed to the deserving non-teaching faculty members of

Link Road Campus. During the second phase, iftar was served to workers and other needy people for two days. Over 50 people were accommodated per day.

FORMATION OF BONE FORMING CELLS; A BREAKTHROUGH RESEARCH FOR ORTHOPEDICS

Dr. Mariam Adeel Roghay from the Department of Anatomy, Ziauddin University has conducted a novel research under the supervision of Prof. Nuzhat Hassan as part of her MPhil project. The research was carried out through a collaboration between Ziauddin University and Karachi University.

In this project, osteogenic (bone forming) cells were derived for the first time using bone dust. Bone dust is a waste material produced during drilling of bones during orthopedic surgeries. This material is conventionally discarded

after surgery, but Dr. Roghay used it to convert stem cells into bone forming cells called osteoblasts. Osteoblasts are naturally occurring bone forming cells. Mesenchymal stem cells are cells found in the umbilical cord which can form any other cell type in the body if provided with the right environment.

Osteoblasts may be used to fill large gaps in bones in conditions where reunion of broken bones is difficult. The discovery is being considered a major breakthrough in the future of orthopedic surgery.



NEWS

CAMPAIGN AGAINST DRUG USE IN EDUCATION INSTITUTIONS OF SINDH

In collaboration with Anti-Narcotics Force a session on "Campaign Against Drug Use in Education Institutions of Sindh" was organised at the Abul Hasan Jafery Auditorium, Ziauddin University.

Brigadier Syed Vaqar Haider Rizvi, Force Commander Sindh, Anti-Narcotics Force, Pakistan said that "Not only should you avoid drugs, but you should also avoid those who use drugs since they might be harmful to you. We are striving to restrict drugs and raise awareness about saying no to drugs, particularly in institutions and among our youth".

During this awareness session, Brig. Rizvi further pointed out a number of factors that contribute to young people being addicted to drugs. The advocacy of self-belief, self-control, communication gap reduction, strong family bonding, self-awareness, and participation in healthy activities are viable solutions.

"Those that utilize drugs would undoubtedly approach others to do so.

Never fall into a trap, think carefully before moving a step further, and avoid individuals like this. I feel we haven't understood this threat as a society. I think that as a society and as an institution, we can end this threat and discover the source if we work together", he emphasized during his lecture.



"This Anti-Drug Campaign Project is an educational and rehabilitation project targeting youth involved with drugs, and children recovering from forced drug use.

While creating awareness among the

students Dr. Sana Aslam, Clinical Psychologist & Addiction Therapist said "Drugs do not give you happiness, but they do give you pleasure, and for that pleasure, you forget that drugs will eventually become your need, and they will destroy you from the inside out, affecting your brain and making you worthless only for the sake of pleasure. Addiction does not always take a chemical form; it may also take the shape of using social media, listening to music, working too much, shopping too much, and so on, which is also one of the reasons it affects the brain."

In his closing remarks, Vice-Chancellor, Ziauddin University, Prof. Dr. Syed Irfan Hyder thanked ANF for their role in creating awareness, "using medications to ease the pain is not a solution, everyone is in pain or suffering at some point in their lives, but taking such shortcuts is not acceptable in our society, we must confront our issues and find solutions".

INAUGURATION OF UNIVERSITY BLOCK AT THE DR. ZIAUDDIN HOSPITAL KEMARI CAMPUS

Chancellor, Ziauddin University, Dr. Asim Hussain's priority is to provide high-quality education to its students. The inauguration of the University Block at Ziauddin Hospital Kemari Campus today is a testament to the fact that medical students here will not only be able to continue their studies in a better way than before but will also continue to render their services in the field of medicine.

While addressing the audience Dr. Fasiha Sohail stated that "I must say, the Kemari campus is a very unique school, not just because it is my prejudiced institution, but also because of its educational approach. When fourth-year students

come to us, they have certain aspirations about their career; they are enamored with their dreams, and after spending time at this campus, they realise the worth and rigor of their chosen profession. Every domain is also a portion of medicine that you won't study from any medical book, and this is the uniqueness of our campus in your fortitude, moral values, and language barrier. Furthermore, this college is noted for its dedicated instructors that go above and beyond for their students. I feel this campus has the energy to grow to its maximum capacity".

"Today we are going to achieve another milestone," said Dr. Zahid Fahim, who

congratulated the faculty for their unwavering support for the campus expansion, and then thanked Dr. Asim Hussain, the Chief Guest and Chancellor of Ziauddin University and Chairman of the Ziauddin Group of Hospitals, for his leadership and unconditional support.



CONTINUING PROFESSIONAL EDUCATION

HIGHLIGHTS

The Department of Continuing Professional Education is constantly making efforts to keep the professionals abreast with all the new guidelines and approaches in the field of health sciences.

The following accredited activities were held at the Ziauddin University and Dr. Ziauddin Hospital Karachi.

- Mission Remission Top 4 Adult Rheumatology Conditions was held on March 5, 2022. Dr. Hamza Alam and Dr. Ashar shared their expertise on the different prevailing rheumatological conditions and their management at the initial levels.
- To enhance the abilities to attend physicians of the Emergency Room at the Department of ER KDLB Campus, a "Workshop on Basic ER Traumas" was held, which was well attended by the practitioners and paramedics of all three campuses of Dr. Ziauddin Hospital.
- Writing a research proposal in Pediatrics was a day-long workshop arranged by the Department of Pediatrics inculcating the research spark in the young pediatric residents.
- The Research Department held a 3-day Research Methodology Workshop for the MDS and MS residents.
- Symposia of Lung Cancer was held by the oncology team of Dr. Ziauddin Hospital which was well attended by the pathologists and oncology trainees.
- Ziauddin College of Dentistry arranged a CDE session on Systematic Review and Meta-Analysis. Dr. Kamil Zafar HOD, Pediatric Dentistry LCMD was the external speaker at the event.
- The Department of Medicine arranged a session on "Updates on Diabetes Mellitus" for the ER and Medicine residents and also shared the case studies and management of the disease.
- The surgery team organised a workshop on "Advance Hands-On Skills on Laparoscopic Cholecystectomy" with international facilitators. The workshop was well attended by the young residents of surgery.
- The Pediatrics Department arranged a session on the latest updates on Meningococcal Disease and its management.
- As per the tradition of Ziauddin Faculty of Nursing & Midwifery celebrated International Nursing Day which was well attended by the nurses from all the institutes of nursing in Karachi. Reputed speakers from the field shared their views on the importance of paramedics in today's world.
- In connection with the 9th Gynecology and Feto-maternal Medicine Symposium, pre and post-conference workshops were arranged for May 2022.
- The laparoscopic techniques in OBGY, facilitated by Dr. Zaryab Setna were held on May 15, 2022, in the OT of Dr. Ziauddin Hospital-Clifton. The session was transmitted in the adjacent seminar room where few participants witnessed an on-screen live session.
- Another workshop on OASIS was facilitated by Dr. Sumbul Sohail. This pre-conference workshop was held in the lecture hall and lobby of the 6th floor of the Ziauddin University on May 17, 2022.
- A pre-conference workshop on the updates of PPH management was conducted on May 22, 2022, by an eminent specialist in the field, Dr. Pushpa Sarichand from Hyderabad. The workshop was well-attended by the participants across the city and Hyderabad.
- A post-conference 3-day EMNOC workshop was held at the Dr. Ziauddin Hospital North Campus from June 2-4 2022.
- The "9th Gynecology and Feto-maternal Symposium" was held on May 29, 2022; a multidisciplinary conference where the speakers from varied fields shared their expertise on how they can be beneficial in the field of Gynecology and Obstetrics.
- In collaboration with the Healthrab and Pima, Ziauddin University arranged a workshop on, "Conducting Clinical Research in a Resource Constraint Environment" on June 2, 2022. The guest participants of the event were some of the eminent names in the field of research from across the city.
- Since the cases of obesity are on the rise with new treatments available, a session on "Fatty Liver and Obesity" was organised. It was well attended by the physicians and researchers at Ziauddin University. The session was held on June 29, 2022.

NEWS

ZCOMS Art Fest 22

Ziauddin College of Media Sciences (ZCOMS), organised the first-of-its-kind "ZCOMS Art Fest 22" at Ziauddin University.

The event showcased the creative work that the students worked on throughout the year. The display included videos, short films, and documentaries produced by the students. Digital photography, art made through math formulas, posters presentations, and life-sized sets were also showcased by the students.

While inaugurating the Art Fest, Dr. Nida Hussain, Pro-Chancellor, Ziauddin University said that, "Our Ziauddin College of Media Sciences will keep hosting events of this kind because media education should extend beyond the classroom, with the aim of highlighting the new talent of the youth in the media industry".

Addressing the audience at the Art Festival, she further said that, "Ziauddin

University holding such a festival would boost the self-confidence of the students which would be very helpful in their professional life. And nowadays, the graduates from Ziauddin University are fulfilling their professional responsibilities all over the world and making our nation proud".

Prof. Dr. Syed Irfan Hyder, Vice-Chancellor, Ziauddin University commended the students' efforts and said, "We support project-based learning, and this activity gives students that opportunity. In addition to encouraging social skills in students, group activities also help students develop positive self-esteem".

The event was also attended by several prominent media professionals and film stars, Sami Khan and Mani, who commented, "ZCOMS students are working brilliantly on their skills and it is

great to see young talent produce such amazing artwork. We are amazed by the work done by the students."

The festival showcased the artwork created by the students, which was a testament to their creativity. Apart from this, documentaries and short films based on various topics were also shown to the audience which was much appreciated.



ZIAUDDIN UNIVERSITY HOLDS A FOUR-DAY WORKSHOP ON RESEARCH METHODOLOGY

The workshop on Research Methodology was organised by the Registrar Office through the Department of Research in collaboration with the Directorate of Educational Development (DED) and Office of Research, Innovation & Commercialization (ORIC) from 14 to 17 June, 2022. This workshop had been designed to promote the professional development of the faculty with capacity building in research and increase academic productivity. Among the different attendees, over twelve departments of Ziauddin University were represented.

Dr. Irfan Hyder, esteemed Vice-Chancellor inaugurated the programme with a stimulating and motivational lecture on the philosophy and significance of the research. Dr. Talat Mirza, Executive Director of Research delivered the keynote address, emphasizing the importance of the research process. The topics of the first two days of the workshop were

qualitative & quantitative research, educational research, critical literature review & search and scientific writing including synopsis, thesis and manuscript and facilitated by Dr. Talat Mirza, Dr. Kiran Hashmi, Dr. Syeda Rakhshanda, Dr. Zil-e-Rubab, Dr. Saeeda Baig, Dr. Farah Ahmed and Mr. Shiraz Khurshid.

The third day was devoted to ORIC whereby Dr. Saeeda Baig conducted a very extensive and thought-provoking session on grant writing. Ms. Ambreen Muzammil and Mr. Adnan Jafri followed suit with a session on stakeholder mapping & engagement and design thinking. Guest Speaker Dr. Raiz Uddin, Director ORIC, NED University of Engineering and Technology delivered a motivational talk on innovation and shared his valuable experiences with a drive to promote inter-university linkage and collaboration.

On day four, the first session on Endnote was conducted by Dr. Rehan Imad. Dr.

Farah Ahmed delivered a lecture on statistical methods followed by Ms. Iqra Rehman's hands-on session on SPSS.

Feedback from the attendees was satisfactory and encouraging. They acknowledged the efforts of facilitators and organizers. They shared that such workshops are immensely needed for building reflective capacity of the faculty to promote research culture and further strengthen the designing and development of novel research projects.



ZIAUDDIN COMMUNITY SERVICE SOCIETY INITIATES THE WALL OF KINDNESS PROJECT

Student Council of Ziauddin College of Medical Technology in collaboration with Ziauddin Community Service Society initiated the "Wall of Kindness" project. The purpose of this project was to kindle the flame of social welfare and community service amongst the students of Medical Technology. The project began on Monday, June 20, 2022 and continued till Friday, June 24, 2022. Members of the Student Council decorated the "Wall of Kindness" with several beautiful handmade posters and artwork which made the wall very attractive for all the viewers. The donations were accepted in the form of tangible and usable goods in reasonable condition. Students were requested to bring anything that could be used by the

underprivileged. This project was thoroughly appreciated by the respectable Vice-Chancellor who visited the "Wall of Kindness". The Office of Registrar and the Head of ORIC also appreciated the project.

The Students of Medical Technology had an overwhelming response and appreciation towards this project and everyone donated generously. Throughout the week, several clothes, shoes, books, bags, toys, cutlery, jewelry, sports equipment and edible snacks were collected and placed on the wall. All the collections will prove to be beneficial for the residents of the Edhi Foundation's Orphanage and Old Age Homes. The donations were made at the Head Office of Edhi Foundation located

in Clifton. The snacks were distributed among the children of the orphanage.

These projects inculcate the spirit of charity and humanity in the young generation encouraging them to share whatever little they have with the underprivileged.



NEWS

RAMADAN FUTSAL TOURNAMENT

Ziauddin University Ramadan Futsal Tournament was held between April 11 and 12 2022. Teams from all the colleges participated in the tournament. It was a challenging tournament that ended with the players of the Medical College as champions.



OFFICE OF STUDENT AFFAIRS (SPORTS DIVISION) LAUNCHES A VOLLEYBALL TOURNAMENT

The Sports Division (Office of Student Affairs) took the initiative of launching volleyball tournament. It was held on June 09 2022 with the Ziauddin Medical College, College of Rehabilitation Sciences, College of Media Sciences, and the Faculty of Law, Politics & Governance participating in the tournament. Team College of Rehabilitation Sciences was declared the winner of the tournament. The referee Mr. Kausar Imran (Joint Secretary of the Volleyball Association) said, "Ziauddin University students have a lot of potential and they can easily emerge as a tough team for HEC tournaments".

TEAM ZIAUDDIN MEDICAL COLLEGE WINS THE GIRLS THROWBALL CHAMPIONSHIP

Intercollegiate Throwball Championship was held on June 30 2022 at the Family Park, Ziauddin University. Teams from Ziauddin Medical College and Ziauddin College of Rehabilitation Sciences registered for the tournament. The final was played between Ziauddin Medical College and Ziauddin College of Rehabilitation Sciences with team Ziauddin Medical College winning the trophy.



OFFICE OF STUDENTS AFFAIRS (SPORTS DIVISION) ORGANIZES TENNIS COURT INAUGURATION CEREMONY

The Inauguration of two newly-built Synthetic Tennis courts at the Ziauddin University Clifton was held on April 18, 2022.

The event was organized by the Sports Division of the Office of Student Affairs.

Mr. Ahmed Ali Rajpoot was the Chief Guest and Mr. Muhammad Khalid Rehmani was the guest of honor. Ms. Erum Bukhari, Mr. Ghulam Yaseen, Mr. Sarwar Hussain, Ms. Ishrat Zehra and Ms. Sakina Zafar also graced the event.

An exhibition match was played between Mr. Aqeel Shabbir and Mr. Hasnain Khurram.

The Final of Men's Singles was won by Mr. Muhammad Dada of Ziauddin University who bear Mr. Aqeel Shabbir of Pak Navy 8-4 Dr. Almas in her welcome speech thanked Karachi Tennis Association for their support in organizing this historic event and added that local and national tournaments with the assistance of KTF would be held soon.

Mr. Muhammad Khalid Rehmani appreciated the quality of the surface of the tennis courts and offered full support for the tennis activities. He added that all over the world elite group of players emerge at the University level. I am sure that with such an excellent facility. we will get top players in tennis from Ziauddin University in future. Mr. Ahmed Ali Rajpoot congratulated the University and said that SOA offers its technical assistance for all sports at the Ziauddin University.



ZIAUDDIN UNIVERSITY STUDENT COUNCIL CCA WING ESTABLISHES A CHILD NUTRITION CAMP

The child nutrition camp took place on Saturday, June 25 2022 between 10 am-2 pm with the aim to educate mothers of children (aged 6 months to 5 years) about how to best deal with common illnesses that their children may have. The topics chosen for this camp were diarrhea and dehydration, two very common ailments in children of this age group. The camp was held at Sikanderabad and was organised by the Ziauddin University Student Council CCA wing.

25-30 MBBS students were recruited for this camp. Volunteer sign-up forms were posted in the batch WhatsApp groups. They were then divided into 2 groups, presenters (who would be giving the presentations on the day), and designers (who would make the posters to complement the presentations). Volunteers were allowed to choose the group they would like to be in. Each presenter was then paired with a designer and the pair was given a topic to work on. They were given guidelines about the type of content to include. All volunteers received certificates at the end.

A pre-workshop session was also held on Friday, June 24, 2022. These were held to prepare the volunteers for the camp

day, to explain the code of conduct and to hear the presentations of the volunteers who will be involved in the awareness campaign. Dr. Russel Seth Martins, Research Associate at Aga Khan University and Ms. Sajida Parveen, a fourth-year medical student at Aga Khan University were present to guide the volunteers. They have been affiliated with many awareness camps and shared invaluable input with the volunteers. On this day, we also prepared care packages containing ORS sachets, Lysovit Syrup, and Calcium tablets with a small note on eating healthy.

The costs for this camp were budgeted out of the Council's own profit. Posters were circulated within batch groups. The Council marketing team handled the photography of the event while the PHC coordinator informed the locals.

The reporting time for the camp on Saturday was 9 am. All volunteers assembled and headed on foot to Sikanderabad. Volunteers were told to ask the present mothers at the clinic a few questions in order to gauge their awareness of the topics before and after the camp. They then proceeded with a talk by Dr. Shahzaib M. Khan (M.D, USA), a Ziauddin University alumnus, who

currently works as a Pediatric Consultant at Dr. Ziauddin hospital, Clifton. The talk was given in Urdu, and translated into Pashto by two of our volunteers. Dr. Shahzeb explained the topics in detail to the local mothers who listened attentively whilst our volunteers took care of their children. He also spoke about age-appropriate nutrition in children and answered all their questions. After this, the volunteers addressed small groups of the mothers and reiterated the information Dr. Shahzeb provided in his talk. They then distributed the care packages to the mothers and clearly explained the dosage and uses for the contents of the packages.

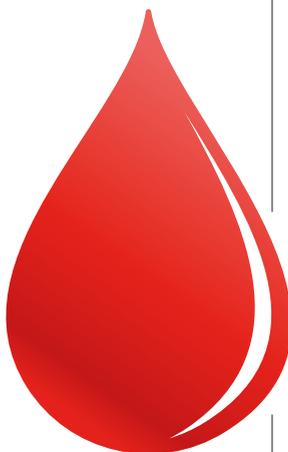
The volunteers ensured that the mothers left with all their queries answered and asked them if they would like the team to return. They were met with a positive response from the mothers and an eagerness for the team to return with more information. This was a brilliant attempt by the CCA wing under the umbrella of the Ziauddin Medical College Student Council and the Office of Student Affairs. It was a great experience for all the volunteers and the participants.

WELFARE AID COLLABORATES WITH DR. ZIAUDDIN HOSPITAL FOR BLOOD DRIVE

The blood drive by Welfare Aid in collaboration with Dr. Ziauddin Hospital took place on June 23, 2022.

The facility provided by Dr. Ziauddin Hospital was well-equipped. The turnover of blood donors made this a successful event. Dr. Ziauddin Hospital provided skilled technicians who handled everything in an efficient manner.

There were more than 70 people who came to donate blood but around 40+ were allowed to donate. The students, staff and faculty showed a keen interest in donating blood.



THE ORAL MEDICINE AND DIAGNOSIS TEAM, BDS STUDENTS AND HOUSE OFFICERS ORGANISE AN ORAL CANCER AWARENESS DRIVE

Under the supervision of the Oral Medicine and Diagnosis Team, year 3 BDS students and house officers organised an "Oral Cancer Awareness Drive" on June 21 and 22 2022. The purpose of this drive was to create awareness about the adverse effects of betel nut and quid among the general population. This will help in screening and filtering the initial oral lesions which will further help in reducing the severity of the disease. The Colgate Palmolive team distributed awareness pamphlets along with mouthwash/toothpaste.

NEWS

T HALF- AN ANNUAL TRADITION CELEBRATED BY MBBS STUDENTS

T-half is an annual tradition celebrated by the third year of every MBBS batch upon completing 2.5 years of medical school. This is the only collective event where the whole MBBS batch takes charge to organise a week-long series of events with the sole responsibility of planning and execution. Similarly, this year, members of the Student Council from the 3rd year as well as students of the same class were recruited to form a T-Half committee that exclusively worked on the project. After months of planning, it was finally celebrated from June 13 -17 2022. The whole week consisted of a neon-themed carnival called "Neon Escape", a comic-con day, a flash mob, dress up "code blue" day and to end it all, a formal dinner at Ramada Creek Club.

The first event of the week, "Neon Escape" was as creative and attractive as it sounds. From games like a trampoline, a mechanical bull, gladiator, and air hockey to a neon-themed photobooth and glow-in-the-dark face paint for students, it was one of the most unique events ever attended by the

students of Ziauddin University. An upcoming hailing artist, Umair Chughtai aka IzzChughtai, from Lahore delivered a mesmerizing performance singing both his original songs as well as famous covers.

On the second day of the week, a "Comic-Con" day was celebrated whereby students dressed up as their favorite Marvel characters. Moving onto day 3, the whole batch had been practicing for a thrilling flash mob which was finally executed in the most smooth and fun-filled way. The whole group made a surprise appearance sitting amongst the crowd members and jumped in the middle of the tuck shop area to surprise everyone on the premises followed by amazing dance performances.

On day 4, blue dress-up day was celebrated where the whole batch color-coordinated to dress up in one theme. The last event, the formal dinner, was bound to be grand and memorable bringing the whole week to an end. The venue was Ramada Creek Club with an

indoor setting, and a rooftop balcony that faced the sea. The balcony and entrance were decorated with fairy lights, the hall included a dance floor, a DJ booth, complete air conditioning and a dedicated photographer.

The night kicked off with photography sessions, solos and groups of friends posing for pictures that would become a memory of a lifetime. After the batch was seated, titles and awards were presented to fellow batch mates and the committee members who worked tirelessly to make the week-long event possible. This was followed by a fun 'roast session', that was a great opportunity for everyone to bond with their batch mates. Following dinner, the whole batch came to the dance floor to celebrate their time together.

We would like to acknowledge the effort made by the executive members of the Student Council, and the Office of Student Affairs without whom the success of this event would not have been possible.

