

ZIAUDDIN UNIVERSITY NEWSLETTER

OCTOBER'22 - DECEMBER'22 | VOLUME 9 ISSUE 4

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THE IMG'22 EVENT

The Office of Student Affairs and Student Council of Ziauddin Medical College welcomed the project IMG to hold an International Medical Graduate event (IMG Event) for the students and alumni of Ziauddin University which took place on Saturday, November 19, 2022. The target audience included medical students and graduates belonging to various medical colleges from all over Karachi. The footfall acquired on event day was of around 700 individuals gathered at the Ziauddin University Family Park, with the only purpose to learn about the process of applying for residencies/ trainee programmes abroad.

The Family Park was well-decorated and a stage with a projector and screen was arranged. A number of different stalls,

from several sponsors, ranging from small businesses such as Musk-The Linen Company to new ventures such as MedAngle and ResearchX were set up around the area.

The event was divided into different categories; live speakers' session followed by giveaways, speakers' presentations and a Q&A session. During the live session, speakers such as Dr. Syed Zahid Jamal, and Mr. Bilal Malik, MD, Mr. Shahzaib Khan, MD, Dr. Kiran Khan, and Mr. Muhammad Hasnain shared their insights and experiences regarding the application process of USMLE. Moreover, some speakers also shed light on their journey as international medical graduates, highlighting its advantages, complications and their personal struggles very well.



The speakers' presentation session was conducted by Mr. Abdul Hannan Siddiqui, Mr. Ali Haider, Mr. Umer Hayat, and Mr. Sadiq Naveed, MD and Dr. Sohail Khan. In this session, a detailed guideline of the USMLE exam with its timeline was presented. Speakers discussed opportunities for medical graduates.

The highlight of the event was an online address by Dr. Cornard Fischer where he emphasized the importance of IMG events to keep all international medical graduates familiar with the process and

rules of the medical system including the various programmes it offers. He was also stunned by the determination and teamwork displayed by the IMG Pakistan Group, hence sharing words of appreciation for the team.

The event proved to be a successful collaboration between the Office of Student Affairs, Student Council MBBS and Project IMG, hence such an event should be considered in the future as well.

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WORLD PHARMACIST DAY CELEBRATION

To mark World Pharmacist Day, Ziauddin University Faculty of Pharmacy organized an event, on September 27, 2022. To honor the field of pharmacy scientific society of ZFP arranged a

"walk". Students from the first to fifth year actively participated in it by displaying their enthusiasm through banners and posters. The event was followed by cake cutting ceremony. The alumnus was also

called upon to enlighten the students and guide them about the importance of pharmacists in a professional setting.



1ST EASTERN MEDICINE EXHIBITION & POSTER COMPETITION 2022

The 1st Eastern Medicine Exhibition and Poster Competition 2022 organized by the College of Eastern Medicine, Faculty of Eastern Medicine and Natural Sciences, Ziauddin University were held on Wednesday, October 12, 2022. Projects and posters (27) were presented by BEMS students from 1st to 4th year. The exhibition

was focused to highlight the philosophy of Eastern Medicine and its regimental therapies. The overall idea was to promote project-based learning as an effective tool for students. As many as 42 projects from different sections were displayed.

specialties keenly evaluated these projects and posters entitled principles of Eastern Medicine, regimental therapies, Eastern Medicine formulations and evidence-based pharmacological actions of medicinal plants. Evaluators were from prestigious academic and pharmaceutical institutes.

A panel of evaluators from different



VFAHT ARRANGES GUEST SPEAKER SESSION

The Office of Student Affairs, Ziauddin University in collaboration with VFAHT arranged a guest speaker session for all departments of the university.

The session took place on October 12, 2022, Wednesday at Abul Hasan Jafarey Auditorium, Ziauddin University, Clifton. The aim behind this session was to raise awareness of the local burden of viral hepatitis and to influence real change.

The session started with an introduction by the moderator. Then the president of VFAHT introduced the guest speaker Dr. Osama Rehman Khalid. Dr. Osama in his session talked about the different types of hepatitis, their prevalence and prevention. After the session ended, the President and Vice President of VFAHT presented Dr. Osama with a token of appreciation.



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INTERACTIVE SERIES OF ZU DIALOGUES

The 15th interactive series of ZU Dialogues, titled **"Policy rate and ballooning debt servicing cost"** via Zoom, was conducted by the PR & Communications Department of Ziauddin University in October 2022. The renowned speakers highlighted the

current economic situation, failure of fiscal and monetary policies of Pakistan.

The 16th interactive series of ZU Dialogues, titled **"Make mental health and well-being for all a global priority"**, was organized by the College of Clinical

Psychology, Ziauddin University on Friday October 28 2022. Putting mental health first and making it available to everyone is the primary priority of the event. ZU Dialogue was the last activity in Ziauddin University's week-long celebration of mental health.



FIRST PAKISTAN REGISTRY OF INTENSIVE CARE (PRICE) RETREAT 2022

The Pakistan Registry of Intensive Care (PRICE) organized the Country's first PRICE Retreat 2022 which was held on November 5 2022. The programme was hosted by Prof. Dr. Madiha Hashmi Head of the Critical Care Medicine Department

at Ziauddin University. The goal of this retreat is to encourage collaboration with key partners in Intensive Care implementation and training. PRICE aims to improve the region's critical care quality by assisting individual sites in

utilizing the registry and patients' quality of life in ICU.

The international key collaborators visited Pakistan to attend seminars and training regarding the region's critical care.



CHALLENGES OF TEACHING GEN-Z STUDENTS: A MULTIDISCIPLINARY PERSPECTIVE

Faculty of Nursing & Midwifery, Ziauddin University conducted a workshop on the "Challenges of Teaching GEN-Z Students: A Multidisciplinary Perspective" on Saturday, November 19, 2022.

CSS... AN AVENUE FOR FUTURE GENERATION

The PR and Communication Department at Ziauddin University arranged a guest lecture in collaboration with the Office of Student Affairs on the "Importance of CSS Exams". Mr. Taha Saleem, Deputy Commissioner & Administrator of District Central, Karachi shared that the path to the CSS Exam is not simple but hard work is the key and CSS is one of the very few examinations in Pakistan where we get 99 percent meritocracy. The session helped the audience gain a good insight for the students and opened up new pathways.



ACHIEVEMENTS OF THE RESIDENTS FROM THE DEPARTMENT OF MEDICINE (DZH – CLIFTON)

The Department of Medicine delightedly shared the news about the residents' winning prizes in the following research articles/posters at different forums:

1. Dr. Aena Saeed, 2nd Year resident (Medicine Clifton) participated in the Annual Cardiology Congress of Pakistan Cardio Con held in Peshawar on November 20, 2022. Her Poster won first prize (100,000 PKR) on "Usage Limitation and Adverse Outcome of Classified Cardio Selective Beta-Blockers in Admitted Patients with Heart Disease Along with Known Airway Disease"

2. Dr. Hina Hafiz, 2nd year resident (Medicine Clifton) participated in the 16th Annual meeting of PSSLD (Pakistan Society of the Study of Liver Disease) held in Karachi from 2nd to 4th December 2022. Her Poster won third prize. The topic was "Gallbladder Dyskinesia in Acute Pancreatitis".

3. Dr. Namirah Iffikhar, 2nd year resident (Medicine Clifton) participated in the 25th Pakistan Society of Rheumatology (PSR) Annual International Conference held in Lahore from 21st to 23rd October 2022. Her topic was "Multisystem Inflammatory Syndrome in an Adult after COVID-19 Vaccination (MIS-V): A Case Report and Literature Review."

THE FACULTY OF PHARMACY ORGANIZES A BLOOD DONATION DRIVE IN COLLABORATION WITH INDUS HOSPITAL

Faculty of Pharmacy, Ziauddin University arranged a blood camp in collaboration with Indus Hospital on September 29, 2022. The purpose of arranging this blood

camp was to help people meet their blood requirements through the help of Indus hospital. Students participated in this actively and enthusiastically.

NANOTECHNOLOGY: MODERN FRAMEWORK FOR ASSESSING NATURAL THERAPEUTICS

The Department of Pharmacognosy, Faculty of Pharmacy organized a lecture on "Nanotechnology: Modern Framework for Assessing Natural Therapeutics" on Wednesday, October 26, 2022. The lecture was conducted by Dr. Huma Sharif, HOD at the Institute of Pharmaceutical Sciences, Jinnah Sindh Medical University.

"PATHWAY FOR PAKISTANI PHARMACISTS TO CANADA", A CAREER COUNSELING SESSION AT ZFOP

The Faculty of Pharmacy, Ziauddin University (ZFoP) organized an event on "Pathway for Pakistani Pharmacists to Canada" with a very special guest speaker Mr. Syed Faraz Hussain Jafri who's currently an owner of "Dover Pharmacy" and former Assistant Manager at South City Hospital, Karachi. It took place on October 20, 2022.

INTERNATIONAL DAY FOR DISABLED PERSONS CELEBRATION

A team of house officers from the Department of Oral Medicine and Diagnosis, College of Dentistry, Ziauddin University set up a dental camp at the International Day for Disabled Persons Carnival held by Moonlight Foundation on December 15 2022. Children with special needs were present under the age of 18 who had either physical or cognitive disabilities. An interactive session was held with parents/guardians to brief them on oral care techniques for keeping their child's mouth healthy. Toothpaste samples were distributed among children and parents.



ORAL CANCER CAMPAIGN VIDEO COMPETITION CONDUCTED BY THE STUDENT COUNCIL OF ZCD

The Department of Oral Medicine and diagnosis under the supervision of Dr. Afifa Razi in collaboration with the Office of Student Affairs and the Student Council of College of Dentistry, Ziauddin University (ZCD) conducted an oral cancer awareness video competition: "Better than too late" on October 5, 2022. In this competition, students in the third year

along with house officers created short videos to raise awareness regarding oral carcinomas.

Towards the end of the competition, winners were announced and awarded a cash prize. While the remaining participants were given a certificate of participation.



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WORKSHOPS BY THE DEPARTMENT OF RESEARCH

Two (2) days hands-on certified workshop on "Care and use of small lab animals" for postgraduate students and faculty members was conducted by the Department of Molecular Medicine and Research on 10th and 11th November 2022 at Cell Biology and Histology Lab, MDRL-2, Ziauddin University, Clifton Campus.

The Department of Molecular Medicine and the Department of Research conducted a hands-on workshop on the "Fundamentals and Applications of Cell Culture" on 13th and 14th December 2022. The aim of the workshop was to equip the participants with basic cell culture techniques including harvesting, subculturing, seeding, cryopreservation, revival, drug preparation, and

cytotoxicity assays. The workshop on "Research Methodology" was organized by the Registrar's Office through the Department of Research in collaboration with the Directorate of Educational Development (DED) and Office of Research, Innovation & Commercialization (ORIC) from 22nd to 25th November 2022.



CONTINUING PROFESSIONAL EDUCATION

World Menopause Day was organized by the Department of Obstetrics and Gynecology in collaboration with the Department of Continuing Professional Education (DCPE), Ziauddin University and Pakistan Menopause Society on October 17, 2022. The theme of the seminar was the mental health of women in menopausal age.

The EMNOC session for the obstetrics and gynecology practitioners was organized by the Department of OBGY in collaboration with DCPE turned out to be a success. Around 25 eminent consultants attended the session which was well prepared and delivered by Dr. Rubina Hussain and her team.

Ziauddin University hosted the Monthly Clinical Meeting, PSORL (SINDH) which was organized by the Department of Otolaryngology in collaboration with DCPE on November 26, 2022. The event was well attended by the reputed ENT surgeons of the city.

Since Diabetes Mellitus is a spreading disease in this day and age, it is critical to create awareness regarding the genetic predisposition of the disease, how can it be prevented via lifestyle modifications and what are the new modalities of treatment? The event was well attended by the endocrinologists and general physicians of the city. This one-and-a-half-hour session was held on November 15, 2022 at the Ziauddin University Auditorium.

The Department of Family Medicine in collaboration with DCPE organized a multidisciplinary panel discussion on "Gender Diversity; Awareness in Youth" on December 13, 2022.

The 5th Annual National Conference on International Day of Medical Physics (IDMP) on November 19, 2022, organized by the Department of

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Radiotherapy, Dr. Ziauddin Hospital in collaboration with the Pakistan Organization of Medical Physicists (POMP), PNRA and the Department of Continuing Professional Education, Ziauddin University. The Conference was held at the Abul Hasan Jafarey Auditorium at the Ziauddin University.

The Lifetime Achievement Award was presented to honor the services of Mr. Asdar ul Haq, Chief Scientist, Pakistan Atomic Energy Cancer Hospital, KIRAN. The Chief Guest of the Conference was Mr. Muhammad Rahman, Member (Executive), one of the two full-time members of the Pakistan Nuclear Regulatory Authority (PNRA). Dr. Ammad Hussain the CEO of Dr. Ziauddin Hospital appreciated the physicist for organizing the event.

COMMUNITY SERVICES AT ZIAUDDIN UNIVERSITY

THINK PINK (BREAST CANCER AWARENESS CAMPAIGN)

To create awareness of healthy living the Office of Student Affairs in collaboration with the Student Council of Faculty of Engineering Science Technology & Management, Ziauddin University (ZUFESTM) and Ziauddin Medical College (ZMC) celebrated Breast Cancer Awareness Month.

THE STUDENT COUNCIL OF ZCD UNDERTAKES A COMMUNITY SERVICE PROJECT ON ORAL HYGIENE

The Office of Student Affairs, Ziauddin University in collaboration with the Student Council of College of Dentistry, Ziauddin University (ZCD) arranged a camp at the orphanage, Aisha

Academy to give the basic knowledge of oral hygiene and its importance to the children. This community service project took place on October 22, 2022. The council members and volunteers left for

the venue early in the morning. Volunteers conducted an interactive awareness session later on. Goody bags sponsored by Medicam were also distributed.

A PHYSIOTHERAPY CAMP BY THE STUDENT COUNCIL OF ZCRS

The Office of Student Affairs, Ziauddin University and the Student Council Ziauddin

College of Rehabilitation Sciences (ZCRS) arranged a free Physiotherapy Camp in

collaboration with MTFI, at their Clinic Launch. On December 18th, 2022, Sunday.

COMMUNITY SERVICE BY BSN STUDENTS

Communities are struggling for proper health care because they cannot afford or access services.

Faculty of Nursing & Midwifery, Ziauddin University plays a remarkable performance while visiting different communities and creating awareness among them. The BSN students visited various communities mainly Dar-ul-Sukun, Ibtida, Aga Khan Health

Service Pakistan (AKHSP), Public Health School (PHS), Lady Dufferin Hospital, Rahnuma Family Planning Association of Pakistan (R-FPAP), and Community Water Filter Plant in Karachi to recognize the needs of the community.

BSN I and III students' respective teams led different sessions on vaccinations, water filtration, drug abuse, special child, and family planning.

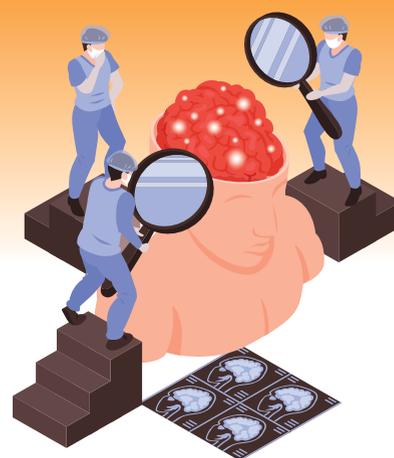
The students of BSN (ZUFONAM) in collaboration with **KONPAL organization** visited Hyderabad District at Long Khoso Goth on December 10, 2022. The doctors were also part of the community visit team. BSN students had the benefit of learning new things, promoting preventive measures, raising community awareness, and providing encouragement to inspire others toward a better life.

CAPACITY BUILDING TRAINING SESSION FOR HEALTH PROFESSIONALS & LOCAL COMMUNITY MEMBERS

ZUFONAM organized a session on Capacity Building Training for health professionals and local community members of Moosa Colony, Karachi on November 21, 2022.

SEMINAR: COMMUNITY FORENSIC PSYCHIATRY & REHABILITATION

The College of Rehabilitation Sciences, Ziauddin University (ZCRS) organized an interactive session with Dr. Khurram Hafeez Khan, Consultant Forensic Psychiatrist at Scotland's State Hospital, Carstairs on "Community, Forensic Psychiatry and Rehabilitation" which aimed to promote advocacy regarding mental disorders, multidisciplinary management/rehabilitation and recovery with the exploration of the interface between mental disorders and criminal justice system on December 29, 2022 at the ZCRS Boat Basin campus.



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HIGHLIGHTS FROM ZIAUDDIN COLLEGE OF SPEECH LANGUAGE & HEARING SCIENCES

FREE SCREENING CAMP OF SPEECH & LANGUAGE AT ASHIYANA

A free screening camp was organized at the Ashiyana Trust (senior citizens' home) on November 11, 2022. Students of MS-SLP batch-03 actively participated in this programme where they conducted speech, swallow and hearing screening of women (60+ years).

YOUTH CLUB SESSION ORGANIZED BY THE COLLEGE OF SPEECH LANGUAGE & HEARING SCIENCES BY RAJA ZIA UL HAQ

The ZCSLHS in collaboration with the Youth Club organized a session for all students and the faculty of Ziauddin University. The President of the Youth Club, Mr. Raja Zia ul Haq delivered a talk on the topic "Being the best version of you". He gave multiple examples of not only himself of his journey but also examples of different Prophets and their journeys. He emphasized how a person can learn from such stories and be a virtuous human.

FREE SCREENING TO CELEBRATE CHILDREN'S DAY AT THE LEGACY SCHOOL

The College of Speech Language & Hearing Sciences, Ziauddin University, celebrated Children's Day at the Legacy Academy of Learning by conducting free-of-cost screening of speech and language skills of toddlers and preschoolers ranging 1 year to 5 years of age.

TEACHER'S TRAINING SESSION AT THE AGA KHAN SCHOOL

A teacher's training session was conducted by the College of Speech, Language & Hearing Sciences, Ziauddin University on November 8, 2022 at The Aga Khan School. MS-SLP Batch-03 prepared an awareness session on speech-language concerns that need to be observed and considered in pre-school years to facilitate early diagnosis and intervention. Teachers

were encouraged to discuss cases and common challenges they face while working with a child who needs extra assistance. Management strategies were discussed that would help them to plan their academic activities accordingly. They were asked to counsel parents and make important referrals for the child if needed.

RADIO SHOW AT RADIO FM 105

Dr. Ziauddin Hospital organized a radio show in collaboration with Hot FM 105 to raise awareness about speech language and hearing disorders. Our Speech Therapist Ms. Rabika Amanullah

was invited. Ms. Amber, the host, asked various questions to highlight the common speech and language issues seen at our clinic as well as in the hospital setting.

FUNDRAISER ORGANIZED TO CELEBRATE WORLD DISABILITY DAY

World Disability Day was celebrated by the College of Speech Language and Hearing Sciences, Ziauddin University on December 22, 2022 by organising a fundraiser in collaboration with the Speech and Hearing Association of

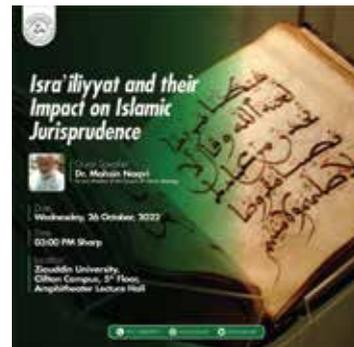
Pakistan (SHAP). A lot of vendors such as churrosity, snow cones by frais, substop to name a few participated. Our students participated as volunteers to make this show a success.



ISRA'ILYYAT & THEIR IMPACT ON ISLAMIC JURISPRUDENCE

The Centre for Human Rights at the Faculty of Law, Politics & Governance, Ziauddin University organized a special speaker session with Dr. Mohsin Naqvi, a renowned scholar and former member of the Council of Islamic Ideology, on an important inter-religious topic "Isra'iliyyat and their Impact on Islamic Jurisprudence".

The purpose of this event was to educate students about the influence of Isra'iliyyat, Jewish and Christian sources, on Islamic history, hadith, and tafseer and how it impacts Islamic Jurisprudence. The contribution and sacrifice of Islamic Jurisprudence is so vast that that it cannot be summarized in a few lines.



AWARENESS OF QUALITY MEDICINE & PHARMACOVIGILANCE, A SESSION ORGANIZED IN COLLABORATION WITH NOVARTIS PHARMACEUTICAL PAKISTAN

Ziauddin University has long supported and encouraged the organization of academic events like lectures, seminars, and workshops as a means of disseminating knowledge. In continuation of this commitment, the Department of Pharmaceutical Chemistry has organized a lecture on "Awareness of Quality Medicine and Pharmacovigilance" in collaboration

with Novartis Pharmaceutical Pakistan on October 4, 2022. Speakers from Novartis Pharma were invited to enhance education on quality medicine and safety reporting among our prospective pharmacists. All attendees received a certificate from Novartis Pharmaceutical Pakistan to participate in this session.

ACADEMIC ACTIVITIES AT ZCMT

Toward the end of the semester, the faculty of College of Medical Technology, Ziauddin University (ZCMT), in collaboration with students of BSMT final year arranged academic activities of respective disciplines. Activities were designed in an enjoyable and attractive way to enhance learning and knowledge level. Activities were based on:

- Group Presentations by cardiac perfusion, clinical microbiology, and chemical pathology.
- Hematology rapid fire session and a Q&A session.
- Blood banking hands-on tasks.
- Dental Hygiene and Technology, a one-day dental checkup campaign organized for health wellness.
- Biostatistics, poster presentations to enhance concepts.

DED ACTIVITIES HIGHLIGHTS

The Directorate of Educational Development (DED) aims to enhance the institution's academic and intellectual environment by providing faculty members with frequent opportunities to participate in workshops, seminars, and webinars. Under the leadership of Dr. Iram Khursheed, DED conducted a series of Educational Methodology Workshops for the College of Dentistry, Ziauddin University's faculty on the 7th, 14th, 21st,

and 28th of October 2022. These workshops were conducted on the topics of Writing Learning Objectives, Adult Teaching and Learning, Developing One-Best MCQs, and Assessment and Feedback by Dr. Naila Baig, Dr. Narmeen Ahmed, Dr. Maneeza Kishwar, and Dr. Afzal Fatima, respectively. The faculty members also conducted another series of workshops from 21st to 25th November 2022 for ZMC-ZCD-FLAHS.



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LAB ON A POSTER EXHIBITION

The Faculty of Pharmacy, Ziauddin University organized a "Lab on a Poster", 2022 exhibition at Ziauddin University, Link Road campus. The day was celebrated on Tuesday, November 1, 2022. The guest evaluators of posters from different pharmaceutical industries

and universities evaluated the posters made by students of 1st year to 5th year, Faculty of Pharmacy. At the end of the programme the chief guest gave a speech regarding the entrepreneurship of pharmacy students and the importance of research in academia.

VC, Acting Dean Prof Dr. Anwar Ejaz Beg and the chief guest distributed the shields to the 1st, 2nd and 3rd position winning posters of students of the Faculty of Pharmacy, Ziauddin University and to the guest evaluators.



STEP-UP: STEPPING INTO THE FUTURE

The Office of Student Affairs, Ziauddin University and ZUFESTM Student Council in collaboration with IEEE Young Professionals Karachi organized a one-day event entitled "Step Up: Stepping into the future" on November 3, 2022 at Link Road Campus of Ziauddin University.

The purpose of STEP was to help students who are about to graduate and enter the professional world by facilitating the transition from student members to young professionals. This was done by introducing opportunities and benefits of IEEE membership at the start of their careers.

IMAGINE CUP (MICROSOFT) SEMINAR

The seminar on "Imagine Cup (Microsoft)" was organized by the efforts of the IEEE ZU Student Branch and Young Professionals and hosted by Mr. Ashar Ahmed. The event highlights opportunities to gain new skills, receive mentorship and collaborate with other students about making a difference to the world. The event was held on December 16, 2022 and Mr. Chaudhry Hanzaila Maqsood was invited as a guest speaker to assist the participants. It was an amazing opportunity for the students of ZUFESTM to learn about the Microsoft Learning Student Ambassador and the Imagine Cup.

6TH ANNUAL RESEARCH TALK 2022

The 6th Annual Research Talk 2022 (ART) was organized by the Department of Physiology at the University of Karachi on November 2, 2022. The primary purpose of ART was to give young researchers a

platform and a place to showcase their research endeavors at all academic levels, from undergraduate to doctoral programmes.

Ms. Abeer Sajid, Senior Lecturer ZUFONAM, received the Best Poster Award for her research, "Protective Potency of Moringa Oleifera Seed Oil on Hepatic Antioxidant Status in Alloxan Induced Diabetic Rats."

ZCRS SUKKUR CAMPUS ORGANIZES A MASS TREE PLANTATION CAMPAIGN

The Mass Tree Plantation Campaign to promote the idea of a clean green Pakistan was held at College of Rehabilitation Sciences, Ziauddin University (ZCRS) – Sukkur campus. The campaign was inaugurated by planting the first neem tree by the

honourable Chancellor Dr. Asim Hussain on November 2, 2022. This mission was promoted by Dr. Ammad Hussain CEO of Dr. Ziauddin Hospital during a visit to Sukkur on November 24 2022.



OFFICE OF STUDENT AFFAIRS ZIAUDDIN UNIVERSITY



MOVIE NIGHT ORGANIZED FOR THE STUDENTS OF BDS

The Office of Student Affairs, Ziauddin University in collaboration with the Student Council of College of Dentistry, Ziauddin University arranged the movie night for the students and house officers on Friday, October 14, 2022. The purpose of this event was to have all the students of BDS unwind, taking a small break from their hectic schedules and workload to enjoy a movie with their peers and socialise outside their routine classes.



TRIP TO CHURNA ISLAND

The Office of Student Affairs, Ziauddin University in collaboration with Divers Reef Karachi organized a trip to Charna Island, on Sunday, December 4, 2022. The trip started early, with students enjoying their way to Mubarak Village but the real fun started when everyone sat on boats to cross the ocean from Mubarak Village to Charna Island.



In the middle of the sea, under the clear skies, it created an environment that will be remembered forever! Snorkeling and scuba instructions were given by Divers Reef's Team. The trip ended with a permanent memory of a day that was made even more special in the presence of friends.

THE BEACH BASH 2022

The Office of Student Affairs in collaboration with the Student Council of Medical Technology arranged a picnic for the students of Ziauddin University College of Medical Technology. The event named Beach Bash 3.0 took place on November 5, 2022 at Turtle Beach.

Under the able guidance of the Office of Student Affairs, the President and members of the Student Council performed their tasks at par and made the event a memorable event for everyone. The event was covered by photographers to capture all the precious memories being made. It was a much-needed vacation for the students as well as the faculty who work tirelessly, day and night.



THE BEACH ESCAPE: A PICNIC ORGANIZED BY THE FLAHS STUDENT COUNCIL

The Beach Escape –Office of Student Affairs in collaboration with FLAHS Student Council organized an annual beach trip for students of Faculty of

Liberal Arts & Human Sciences, Ziauddin University (FLAHS) and students of Eastern Medicine and Nutrition on October 12, 2022 at Turtle Beach.



THE STUDENT COUNCIL ZCRS ORGANIZES A MOVIE NIGHT, A GREAT OPPORTUNITY FOR THE STUDENTS TO UNWIND

The Office of Student Affairs in collaboration with the Student Council College of Rehabilitation Sciences, Ziauddin University (ZCRS) arranged a Movie Night: The Curtain Call '22, on Friday, November 18, 2022. At Abul Hasan Jafarey Auditorium, Ziauddin University Main Clifton Campus. The event was based on a horror theme. The council decorated the campus into a mini haunted house. With the semester break ending and the new semester starting very soon, it was the perfect time to enjoy and chill.



IMPORTANCE OF COUNSELING AND PSYCHOTHERAPY IN THE FIELD OF PSYCHOLOGY

The Office of Student Affairs in collaboration with the Student Council ZUFESTM and IEEE Ziauddin University students branch organized a seminar. Ms. Anum Zulfiqar Zafar, an esteemed guest, is a Clinical Psychologist/Counselor who extended her services for 4 years in the

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field of Psychology. She deals with anxiety, depression, stress management, social counseling, and a range of other mental illnesses. Currently, she is affiliated with the Institute of Mind Sciences and giving services as a Clinical Practitioner. In conclusion, the seminar was a good event where ZUFESTM students learned about the importance of counseling especially at a time when everyone is struggling with anxiety and depression.



THE OFFICE OF STUDENT AFFAIRS (SPORTS DIVISION) ORGANIZES BADMINTON CHAMPIONSHIP

The Office of Student Affairs (Sports Division) organized Badminton Championship at the Sindh Sports Board on the 14th and 15th of November 2022. The students from ZFOL, ZCMT, ZCD, ZMC, ZCRS, ZFOP, ZUFESTM and ZUFONAM participated in the event. Mr. Ahil Ridhani from ZUFESTM and Ms. Maryam Hayat from the College of Clinical Psychology (FLAHS) won the title of winner.



ZU BOYS CRICKET CHAMPIONSHIP ORGANIZED BY THE OFFICE OF STUDENT AFFAIRS (SPORTS DIVISION)

The Office of Student Affairs (Sports Division) arranged the Cricket Tournament on September 28, 2022 and

October 4, 2022 at the UBL Sports Complex. The students enthusiastically participated in the event and enjoyed the professional environment of the sport. The students from ZMC, ZFOP, ZCD, ZUFESTM, College of Podiatric Medicine, ZFOL, FLAHS and ZUFONAM. After a healthy competition ZUFONAM won the title and ZFOP was the runner-up.



ZUFESTM STUDENTS ORGANIZE ONE OF THE MOST MEMORABLE EVENTS OF THE YEAR, THE SPORTS FEST

The fun, thrilling, and emotion-packed Sports Fest was one of the most memorable events of 2022. The stirring sports ride took place from Monday, 17th October till Thursday 20th of October 2022.



The week was divided into 3 days of

exhilarating athletic events and a very entertaining 4th day of E-gaming battles. The students from ZUFESTM played a crucial role in making the event big, enjoyable and interactive. Nothing is possible without their support. The Office of Student Affairs in collaboration with the Student Council ZUFESTM worked relentlessly during the event, which couldn't have been possible without their amazing vision and execution of the event!



ZU BOYS & GIRLS FOOSBALL CHAMPIONSHIP ORGANIZED BY THE OFFICE OF STUDENT AFFAIRS (SPORTS DIVISION)

The Office of Student Affairs (Sports Division) organized Foosball Championship since the interest of students in the sports is inspiring. The students both (girls and boys) participated in the event with great enthusiasm. It was arranged for the students from ZCD, ZMT, ZFOL, ZMC, ZUFESTM, FLAHS, ZCRS and ZFOP on 27th and 28th of October 2022. The winners among the boys were from ZFOP and the girls were from ZCD.

